



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 18 - 24 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Blair Loggie	04:03:48	00:14:58	00:02:22	02:26:42	00:01:00	01:18:46		4
2	Miguel Tomé	04:16:21	00:14:12	00:02:06	02:33:16	00:01:10	01:25:37	SFRAA Triatlo	12
3	Diogo Coelho	04:27:58	00:18:42	00:02:29	02:35:29	00:01:25	01:29:53		24
4	Luis Moleiro	04:29:43	00:18:07	00:02:30	02:39:15	00:01:30	01:28:21	Atletismo União de Tomar	26
5	Gabriel Souza	04:41:46	00:17:58	00:02:39	02:54:59	00:01:16	01:24:52	Triatlo de Faro	51
6	Paulo Rebelo	05:12:09	00:20:29	00:02:55	02:59:32	00:01:06	01:48:08	Remo Clube Lusitano	173
7	Duarte Teixeira	05:34:51	00:20:21	00:04:52	03:06:45	00:02:17	02:00:36		256



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 25 - 29 anos - F

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Gillie Grattan	05:38:04	00:17:00	00:05:54	03:27:10	00:02:46	01:45:14	ANE	265
2	Sara Flora	05:59:30	00:23:20	00:04:35	03:44:30	00:02:02	01:45:03	CNATRIL	325



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 25 - 29 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	João Ferreira	03:58:23	00:13:49	00:01:24	02:26:18	00:00:56	01:15:56	CNATRIL	1
2	Pedro Gaspar	04:04:24	00:12:38	00:01:49	02:28:40	00:01:24	01:19:53	Asc	6
3	André Duarte	04:10:26	00:16:45	00:01:55	02:32:13	00:00:59	01:18:35	OutSystems Olímpico de Oeiras	9
4	Fábio Azinheirinha	04:19:01	00:15:29	00:02:19	02:29:52	00:01:21	01:30:00		13
5	João Rebelo	04:20:57	00:17:21	00:02:15	02:41:26	00:01:05	01:18:49	Remo Clube Lusitano	15
6	David Matos	04:28:17	00:18:38	00:02:15	02:40:27	00:01:05	01:25:51	GOfit Triatlo Portugal	25
7	Ruben Duarte	04:46:33	00:22:17	00:04:17	02:50:08	00:01:46	01:28:04	3B Triatlo	71
8	Nuno Matias	04:49:37	00:17:45	00:03:37	03:04:04	00:01:50	01:22:22		79
9	Pedro Moreira	04:51:32	00:27:34	00:07:53	02:39:28	00:01:32	01:35:04	Paredes aventura	89
10	Rui Matias	04:51:39	00:22:08	00:03:14	02:45:47	00:01:28	01:39:03	SFRAA Triatlo	90
11	Nuno Silva	05:06:30	00:20:15	00:04:29	03:00:02	00:01:50	01:39:54		148
12	Luís Carvalho	05:10:25	00:19:59	00:04:21	02:54:43	00:02:06	01:49:16		168
13	Francisco Silva	05:21:10	00:19:19	00:05:28	03:05:52	00:01:59	01:48:32	Iron Dab	202
14	David Martins	05:26:44	00:23:01	00:04:54	03:08:15	00:01:25	01:49:09	Remo Clube Lusitano	225
15	André Coelho	05:38:50	00:22:48	00:04:17	03:13:38	00:01:55	01:56:13		269
16	Darthes Noé	06:02:41	00:20:13	00:04:00	03:15:12	00:02:20	02:20:57		330
17	André Santos	06:44:02	00:26:05	00:03:51	03:58:02	00:03:02	02:13:03	Iron Dab	365



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 30 - 34 anos - F

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Liliana Veríssimo	04:43:02	00:18:51	00:02:06	02:54:25	00:00:46	01:26:53	Núcleo do Sporting da Golegã	56
2	Susana Mateus	04:53:09	00:16:22	00:01:53	02:58:27	00:01:26	01:35:01	Golegã	96
3	Mariana Marques	04:54:16	00:17:05	00:02:03	03:02:12	00:00:51	01:32:05	CNATRIL	104
4	Tuxa Negri	05:05:46	00:17:17	00:01:39	03:08:36	00:00:42	01:37:32	CNATRIL	145
5	Jennifer Connet	05:25:59	00:21:27	00:03:50	03:20:41	00:01:23	01:38:38	CNATRIL	223
6	Ana Vintém	05:46:14	00:25:48	00:06:22	03:23:33	00:02:02	01:48:29	Núcleo do Sporting da Golegã	287
7	Cristina Vicente	06:57:46	00:28:48	00:05:52	03:56:00	00:01:56	02:25:10		370



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 30 - 34 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Alberto Garcia	03:59:42	00:14:08	00:01:29	02:22:49	00:01:27	01:19:48	Estoril Praia Credibom	2
2	Danilo Pimentel	04:01:05	00:13:36	00:01:45	02:25:02	00:01:24	01:19:18	ONTRISPORTS	3
3	Mikael Eriksson	04:04:14	00:16:59	00:01:54	02:26:38	00:00:56	01:17:48	Scientific Triathlon & Sporting Clube de Portugal	5
4	João Pacheco	04:30:07	00:18:07	00:02:14	02:41:30	00:01:28	01:26:49	Wikaboo	28
5	Sandro Silva	04:39:29	00:20:31	00:03:58	02:46:01	00:01:24	01:27:34	Grupo Desportivo da Goma	44
6	Fernando Batista	04:40:01	00:18:40	00:02:27	02:47:59	00:01:16	01:29:38	Clube de Praças da Armada	45
7	Jaime Costa	04:40:17	00:15:18	00:02:59	02:48:49	00:01:29	01:31:42	Núcleo do Sporting da Golegã	46
8	Rui Lucas	04:40:46	00:20:30	00:03:45	02:47:56	00:01:02	01:27:32	PAC - Peniche Amigos Clube	49
9	Ivan Costa	04:41:53	00:18:33	00:02:50	02:50:32	00:01:35	01:28:24	Clube Oriental de Lisboa	52
10	Stefano Silvestre	04:49:59	00:18:11	00:02:31	02:48:12	00:02:13	01:38:52	ONTRISPORTS	80
11	David Krause	04:51:47	00:20:42	00:03:48	02:46:46	00:02:03	01:38:28		93
12	Tomás Pires	04:53:03	00:17:42	00:02:53	02:52:51	00:01:33	01:38:05		95
13	Rui Santos	04:53:34	00:15:40	00:04:22	02:47:15	00:01:22	01:44:55	Outdoor Clube de Setúbal - Strendure Running T	100
14	Ricardo Carvalho	04:55:11	00:19:22	00:02:51	02:54:45	00:01:14	01:36:59		107
15	Ivo Pona	04:55:24	00:19:46	00:02:58	02:41:40	00:02:04	01:48:57	Outsystems Olímpico de Oeiras	108
16	Nuno Sousa	04:58:34	00:20:27	00:02:38	02:55:47	00:01:10	01:38:32		118
17	David Paiva	05:00:39	00:15:49	00:03:07	03:00:54	00:00:59	01:39:49	CNTN -TRIATLO	124
18	Santiago Puerto	05:00:51	00:19:16	00:03:22	02:58:09	00:00:59	01:39:05	OutSystems Olímpico de Oeiras	125



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

19	Luís Fraga	05:00:52	00:18:57	00:03:08	02:59:28	00:01:38	01:37:42	Outsystems Olímpico de Oeiras	126
20	Pedro Andrade	05:06:46	00:21:37	00:03:41	02:56:19	00:03:01	01:42:08		151
21	Filipe Vieira	05:10:31	00:21:21	00:02:37	02:57:01	00:01:23	01:48:09	Belenenses Triatlo	170
22	Manuel Alves	05:14:57	00:20:27	00:05:04	02:57:18	00:02:04	01:50:03		184
23	José Júdice	05:16:17	00:20:18	00:05:35	03:00:49	00:04:19	01:45:15		186
24	Gonçalo Rosa	05:25:05	00:19:25	00:03:11	03:08:06	00:01:24	01:52:58	OutSystems Olímpico de Oeiras	216
25	João Clemente	05:30:17	00:16:16	00:04:22	03:21:01	00:02:22	01:46:17	LxTriathlon	243
26	Ildefonso Mendonça	05:34:56	00:19:00	00:02:23	03:13:46	00:01:09	01:58:37	Clube de Praças da Armada	257
27	Ivan Correia	05:36:46	00:25:58	00:02:50	03:18:54	00:01:43	01:47:20	Clube Desportivo Escola de Santana	262
28	Freidy Nelson	05:51:12	00:21:35	00:03:59	03:20:47	00:04:25	02:00:26		308
29	João Soares	05:55:58	00:22:06	00:04:42	03:15:13	00:02:10	02:11:47		318



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 35 - 39 anos - F

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Natália Guilherme	05:12:10	00:23:50	00:03:20	03:08:39	00:00:50	01:35:30	CNATRIL	174
2	Madalena Fontinhas	05:20:01	00:20:59	00:04:44	03:11:18	00:01:36	01:41:24	3B Triatlo	196
3	Maria Areias	05:33:33	00:22:35	00:03:32	03:28:12	00:01:09	01:38:06	DAR-Recardães EXPansion	252
4	Eva Braz	05:36:15	00:20:38	00:03:51	03:21:05	00:01:40	01:49:02	Outsystems Olímpico de Oeiras	260
5	Ana Sousa	05:59:34	00:18:54	00:03:20	03:30:27	00:02:07	02:04:45	Outsystems Olímpico de Oeiras	327
6	Inês Reis	06:48:47	00:22:45	00:04:21	03:53:06	00:02:46	02:25:49	CNATRIL	368



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 35 - 39 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Rafael Gomes	04:08:49	00:16:29	00:02:05	02:29:04	00:00:55	01:20:16	Estoril Praia Credibom	8
2	Filipe Marques	04:16:03	00:15:47	00:02:12	02:34:13	00:00:44	01:23:08	Estoril Praia Credibom	11
3	Hugo Pina	04:21:22	00:17:34	00:03:02	02:37:25	00:00:58	01:22:23	Clube de natação do colégio Vasco da Gama	16
4	Ricardo Rosado	04:24:57	00:17:24	00:03:15	02:37:23	00:01:11	01:25:43		19
5	João Fragoso	04:26:16	00:19:20	00:03:28	02:40:12	00:02:10	01:21:06	Estoril Praia Credibom	22
6	Duarte Pais	04:27:22	00:18:15	00:02:35	02:45:17	00:01:12	01:20:03	Estoril Praia Credibom	23
7	Luís Sousa	04:29:46	00:20:12	00:02:38	02:39:48	00:01:17	01:25:50	Clube dos Galitos	27
8	Pedro Lomba	04:30:29	00:19:06	00:03:56	02:39:52	00:01:56	01:25:39	Outsystems Olímpico de Oeiras	29
9	Gonçalo Champalimaud	04:30:40	00:17:59	00:03:11	02:39:27	00:01:01	01:29:03	Vitória de Janes	30
10	Ricardo Costa	04:33:03	00:16:21	00:02:24	02:41:13	00:00:54	01:32:11		33
11	Ricardo Santos	04:33:11	00:17:42	00:02:07	02:37:34	00:01:17	01:34:31	CNATRIL	34
12	Manuel Maia	04:35:07	00:20:11	00:02:58	02:42:54	00:01:46	01:27:18		36
13	Tiago Cochicho	04:35:21	00:17:25	00:02:28	02:38:19	00:01:22	01:35:48		37
14	Ricardo Cabral	04:37:51	00:18:09	00:03:31	02:41:30	00:01:10	01:33:31	Wikaboo	42
15	Joao Sacadura	04:40:31	00:19:16	00:04:38	02:42:59	00:02:48	01:30:50		48
16	Pedro Silva	04:44:06	00:18:24	00:03:59	02:49:20	00:01:23	01:31:01		62
17	Bruno Rolim	04:46:14	00:20:00	00:02:21	02:42:48	00:01:12	01:39:53	Vitória de Janes	70
18	Joao Machado	04:47:15	00:19:26	00:03:40	02:48:35	00:02:07	01:33:28		75





# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

19	Pedro Ventura	04:50:00	00:21:44	00:07:38	02:51:57	00:02:32	01:26:07	Paredes Aventura	81
20	Gonçalo Martins	04:50:04	00:21:53	00:03:52	02:45:13	00:01:47	01:37:18	Clube de Natação de Torres Novas	83
21	Ronny Simões	04:50:26	00:23:30	00:02:40	02:45:25	00:02:03	01:36:48	Trepanelas/Prifer	85
22	João Freitas	04:51:28	00:18:35	00:02:33	02:48:19	00:01:14	01:40:47	Vitória de Janes	88
23	Rodrigo Marcelino	04:51:47	00:20:33	00:06:30	02:49:44	00:01:55	01:33:04		92
24	Hugo Pita	04:55:26	00:22:24	00:03:10	02:52:10	00:01:38	01:36:04	Clube Desportivo de Santana	109
25	Hugo Gomes	04:56:12	00:23:44	00:06:08	02:50:41	00:02:03	01:33:34	3B Triatlo	111
26	Bruno Pontes	04:56:22	00:19:10	00:03:48	03:05:11	00:01:39	01:26:34	marvila jovem	112
27	José Carvalho	04:57:25	00:16:42	00:02:43	02:54:36	00:00:58	01:42:26	Clube Vela de Tavira	116
28	João Rafael	04:59:08	00:20:09	00:05:13	02:49:36	00:02:34	01:41:35	Motobrioso/AQD/em3	121
29	Luis Ferreira	05:01:22	00:20:44	00:03:39	02:45:41	00:01:43	01:49:35	Núcleo do Sporting da Golegã	128
30	Paulo Bouça	05:02:18	00:24:40	00:04:44	02:53:36	00:01:04	01:38:14	Pedal'Arte	132
31	Rui Melo	05:02:42	00:20:57	00:02:31	02:56:04	00:00:48	01:42:21	A.R. Casaense	134
32	Vitor Silva	05:06:38	00:19:27	00:04:26	02:57:09	00:01:39	01:43:56	Sporting Clube de Espinho - Fersilva	149
33	Bruno Godinho	05:06:38	00:21:56	00:04:00	02:56:08	00:01:31	01:43:03	SERUL	150
34	Domingos Domingues	05:07:55	00:20:58	00:04:37	02:55:59	00:01:34	01:44:46	CNATRIL	153
35	Pedro Martins	05:08:04	00:18:07	00:06:14	03:08:19	00:02:10	01:33:15	Clube de Triatlo de Viseu	154
36	João Guimarães	05:08:17	00:22:32	00:04:49	02:52:14	00:03:15	01:45:26		156
37	João Andrade	05:09:12	00:23:19	00:03:44	02:55:10	00:02:15	01:44:44	Clube dos Galitos	161
38	Leonel Marques	05:09:13	00:20:58	00:04:00	03:00:20	00:01:20	01:42:35		162
39	Bruno Nunes	05:09:20	00:23:19	00:04:20	03:00:19	00:03:15	01:38:08	Ortobest Triatlo Team	164



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

40	Tiago Amado	05:10:12	00:23:26	00:01:56	03:01:14	00:01:09	01:42:26		166
41	Edson Oliveira	05:10:16	00:21:41	00:04:10	03:06:16	00:02:28	01:35:41		167
42	Jorge Carvalho	05:11:54	00:24:59	00:05:03	03:05:37	00:02:06	01:34:09		171
43	Tiago Rodrigues	05:12:10	00:19:13	00:03:40	02:49:40	00:02:14	01:57:23		175
44	Tiago Amaral	05:12:12	00:19:52	00:03:59	03:02:50	00:02:19	01:43:12	Paredes Aventura	176
45	Sérgio Filipe	05:13:27	00:18:42	00:02:54	03:00:47	00:01:46	01:49:18	Côte d'Azur - Mediação Imobiliária	179
46	João Serôdio	05:14:26	00:22:07	00:03:54	02:57:54	00:02:05	01:48:26	Vitória de Janes	182
47	Dino Ablum	05:18:30	00:22:26	00:04:03	03:05:38	00:01:51	01:44:32	Repsol Triatlo	190
48	André Vaz	05:20:24	00:24:32	00:05:28	03:00:56	00:02:31	01:46:56		197
49	José Ferreira	05:25:13	00:20:10	00:04:53	03:14:50	00:02:15	01:43:05		217
50	Ricardo Simão	05:25:15	00:20:31	00:04:38	03:23:17	00:02:38	01:34:11		218
51	Pedro Coutinho	05:28:21	00:19:25	00:05:56	03:11:28	00:02:56	01:48:37		228
52	Sandro Reis	05:28:50	00:22:45	00:04:29	03:14:16	00:02:11	01:45:08		232
53	Marco Raminhos	05:28:56	00:20:58	00:07:04	03:03:07	00:02:59	01:54:48	Rota D'Ossa	233
54	Fábio Pratas	05:29:19	00:28:12	00:05:25	03:07:24	00:00:51	01:47:28	Clube de Praças da Armada	238
55	Pedro Gandola	05:32:44	00:17:48	00:05:07	03:18:00	00:03:56	01:47:53	Lusitano/Frusoal	249
56	Lúis Franco	05:33:17	00:27:46	00:05:36	03:22:05	00:02:31	01:35:20	Clube Colaboradores Ageas	250
57	João Dias	05:35:43	00:22:26	00:04:28	03:03:45	00:05:19	01:59:45	Lingteam	259
58	Ricardo Gomes	05:37:19	00:21:04	00:04:09	03:17:32	00:02:19	01:52:15		263
59	Sven Dankers	05:38:03	00:19:32	00:06:09	03:10:26	00:03:26	01:58:30		264
60	Bruno Fernandes	05:39:03	00:22:45	00:06:20	03:05:36	00:02:23	02:01:59	Alhandra Sporting Club	270



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

61	Mário Martins	05:44:06	00:25:30	00:03:26	03:14:11	00:01:43	01:59:16		282
62	Pedro Ferreira	05:47:50	00:29:04	00:05:39	03:17:48	00:03:40	01:51:39		296
63	João Cruz	05:48:12	00:21:46	00:05:12	03:12:32	00:02:54	02:05:48	Escola de Atletismo do Montijo - A. F. D. D.	298
64	Helder Carvalheira	05:50:19	00:24:19	00:03:52	03:18:37	00:02:22	02:01:10	Holmes Place Triatlo Portugal	305
65	Tiago Dias	05:50:19	00:25:24	00:05:38	03:20:23	00:05:03	01:53:51	Clube Zupper	306
66	Hugo Rocha	05:52:58	00:22:13	00:03:34	03:31:10	00:02:19	01:53:42	CCD Sintrense	310
67	Luiz Monteiro	05:56:20	00:18:49	00:04:35	03:10:00	00:04:08	02:18:48	MSS SPORTS	320
68	Julio Palacio	06:12:56	00:22:10	00:06:14	03:24:08	00:02:02	02:18:22	Blud Sport	338
69	Tiago Garcia	06:14:49	00:22:38	00:05:10	03:18:22	00:03:18	02:25:22		341
70	Lendl Ferreira	06:15:27	00:23:27	00:08:26	03:40:54	00:02:08	02:00:32		342
71	João Dias	06:20:25	00:18:17	00:06:06	03:39:31	00:05:06	02:11:26	SNR TRIATLO	345
72	Luis Ribeiro	06:24:48	00:24:34	00:04:48	03:39:11	00:03:25	02:12:50		347
73	Vitor Tavares	06:25:42	00:27:55	00:04:04	03:43:06	00:01:16	02:09:20		349
74	João Costa	06:34:33	00:31:23	00:05:13	03:27:00	00:04:08	02:26:49	3B Triatlo	360



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 40 - 44 anos - F

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Hanna Sousa	04:57:25	00:19:41	00:03:01	02:55:55	00:01:12	01:37:36		117
2	Maria Martinez	05:41:28	00:20:13	00:04:43	03:21:09	00:03:14	01:52:10		276
3	Elisabete Costa	06:13:17	00:21:42	00:04:54	03:42:48	00:03:44	02:00:09	Clube Oriental de Lisboa	339
4	Catia Curica	06:27:19	00:20:46	00:04:42	03:52:40	00:03:50	02:05:21	Outsystems Olímpico de Oeiras	352
5	Vera Almeida	06:45:17	00:23:34	00:07:18	03:54:05	00:04:40	02:15:40		366



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 40 - 44 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Sérgio Dias	04:07:13	00:17:09	00:01:32	02:32:09	00:00:53	01:15:30	CNATRIL	7
2	Marco Vieira	04:15:23	00:17:06	00:02:01	02:31:45	00:01:16	01:23:16	CNATRIL	10
3	Rui Narigueta	04:19:42	00:23:58	00:03:08	02:29:42	00:00:53	01:22:01	OutSystems Olímpico de Oeiras	14
4	Ricardo Lanceiro	04:24:05	00:17:58	00:02:03	02:41:01	00:01:15	01:21:48	CNATRIL	18
5	Lino Barruncho	04:25:08	00:18:21	00:02:58	02:39:58	00:01:38	01:22:15		20
6	João Silva	04:37:11	00:20:01	00:02:22	02:44:20	00:01:23	01:29:04	Estoril Praia Credibom	40
7	Luis Silva	04:37:49	00:18:47	00:03:01	02:43:58	00:01:50	01:30:11	The Cupcake Cartel	41
8	Pedro Mendonca	04:41:06	00:21:18	00:04:06	02:40:09	00:01:22	01:34:11	Louletano	50
9	Luís Cordeiro	04:42:59	00:21:56	00:03:06	02:38:41	00:01:40	01:37:36	SFRAA Triatlo	55
10	Carlos Fernandes	04:43:09	00:17:49	00:02:19	02:46:55	00:01:25	01:34:42	SFRAA Triatlo	57
11	Nuno Martins	04:43:11	00:19:25	00:02:54	02:45:12	00:01:19	01:34:22	Tzero	58
12	Celso Moreira	04:43:53	00:19:54	00:02:56	02:50:32	00:01:22	01:29:10	DAR-Recardães EXPansion	60
13	Henrique Avelar	04:45:01	00:19:39	00:03:45	02:47:14	00:01:47	01:32:36		66
14	Vitor Piçarra	04:46:43	00:18:20	00:03:50	02:55:18	00:01:58	01:27:16		72
15	Rui Gomes	04:50:17	00:19:35	00:04:05	02:56:49	00:01:18	01:28:31	Sporting Clube de Espinho - Fersilva	84
16	Miguel Palmeira	04:51:18	00:19:21	00:03:40	02:44:50	00:01:37	01:41:50	Clube de Vela de Tavira Triatlo	87
17	Rui Fonseca	04:51:39	00:17:24	00:02:13	02:50:14	00:01:28	01:40:20	SERUL	91
18	Duarte Cortes	04:52:48	00:21:15	00:04:51	02:53:08	00:02:12	01:31:21	Wikaboo	94



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

19	Jorge Fonseca	04:53:10	00:19:58	00:03:05	02:53:12	00:01:24	01:35:31	CCD Sintrense	97
20	Rui Silva	04:53:17	00:20:05	00:03:14	02:53:23	00:01:16	01:35:19	Clube Oriental de Lisboa	99
21	Pedro Fernandes	04:53:41	00:18:40	00:03:05	02:50:38	00:01:49	01:39:29	Clube Millennium BCP	101
22	Patrick Tigue	04:54:46	00:17:43	00:04:02	02:57:40	00:02:03	01:33:17		105
23	Carlos Rosário	04:54:52	00:19:50	00:03:16	03:00:25	00:01:45	01:29:37	Repsol Triatlo	106
24	Ricardo Faria	04:58:35	00:19:07	00:03:17	02:57:54	00:01:30	01:36:47		119
25	João Ramos	04:58:58	00:20:17	00:03:59	02:56:30	00:01:44	01:36:28	Clube Zupper	120
26	Pedro Costa	05:00:02	00:18:08	00:04:00	02:53:47	00:02:02	01:42:05		122
27	Marcos Ratola	05:01:59	00:16:02	00:03:47	02:56:50	00:01:38	01:43:42	TriAmazing	131
28	Nelson Fernandes	05:02:42	00:21:12	00:04:37	02:57:54	00:02:00	01:36:58	GRJA	133
29	Bruno Fonseca	05:04:33	00:23:48	00:04:40	02:55:07	00:02:47	01:38:12	3B Triatlo	141
30	António Moreira	05:04:41	00:19:26	00:02:37	03:04:50	00:01:05	01:36:43	Clube dos Galitos	143
31	Paulo Lourenço	05:06:21	00:21:06	00:10:47	02:56:26	00:02:36	01:35:26		147
32	Bruno Batista	05:07:26	00:18:45	00:03:45	03:02:53	00:01:14	01:40:49		152
33	Diogo Pereira	05:08:31	00:19:14	00:02:42	03:01:26	00:00:58	01:44:10	Triatlo Fundação Salesianos	158
34	Antonio Fernandes	05:08:52	00:21:29	00:06:22	02:45:06	00:03:05	01:52:51	LUBRIALBI/ANAR/NATURHOUSE	159
35	Pedro Almeida	05:10:01	00:18:48	00:02:41	02:56:40	00:01:00	01:50:53	TriAmazing	165
36	Gonçalo Gameiro	05:12:13	00:18:27	00:03:36	03:02:17	00:01:14	01:46:39	Natura Minde	177
37	João Silva	05:13:24	00:25:18	00:04:55	03:01:54	00:01:49	01:39:28		178
38	Hugo Jesus	05:13:41	00:20:43	00:06:05	03:01:12	00:01:20	01:44:21	Alhandra Sporting Club	180
39	Joao Silva	05:14:41	00:32:21	00:02:52	02:50:58	00:01:25	01:47:05		183



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

40	André Cabral	05:16:12	00:20:38	00:04:56	03:11:12	00:02:09	01:37:18	Outsystems Olímpico de Oeiras	185
41	Andre Costal	05:16:54	00:21:21	00:05:53	03:05:12	00:02:27	01:42:01	Pernas de Gafanhoto	187
42	Nuno Pinho	05:17:13	00:23:19	00:07:43	03:01:39	00:02:43	01:41:48	Paredes Aventura	188
43	Paulo Faria	05:18:31	00:19:20	00:06:45	03:11:26	00:02:51	01:38:08	Outsystems Olímpico de Oeiras	191
44	Hugo Gomes	05:18:53	00:22:20	00:06:35	03:15:27	00:02:29	01:32:01	Clube de Triatlo de Viseu	194
45	Nuno Dantas	05:20:26	00:23:47	00:05:37	03:17:06	00:02:58	01:30:58	GRCD Leão Triatlo	198
46	Carlos Proença	05:21:02	00:21:17	00:04:46	03:04:54	00:02:50	01:47:15	Clube Desportivo Olivais e Moscavide	199
47	Patrick Silva	05:21:54	00:22:40	00:04:05	03:02:08	00:02:05	01:50:57	PAC - Peniche Amigos Clube	205
48	Bruno Carvalho	05:22:16	00:21:26	00:04:20	03:06:36	00:01:50	01:48:04	Pimpões Triatlo	207
49	Rodrigo Almeida	05:23:15	00:21:41	00:04:08	03:00:04	00:02:55	01:54:26	Outsystems Olímpico de Oeiras	210
50	Rui Rodrigues	05:24:05	00:19:54	00:03:14	03:04:04	00:02:13	01:54:40	Associação Humanitária de Bombeiros dos Estori	212
51	Joaquim Potes	05:24:51	00:19:11	00:04:59	03:15:31	00:03:23	01:41:47	Kainágua	214
52	Henrique Pereira	05:24:56	00:23:02	00:05:57	03:09:30	00:02:40	01:43:47	Os Coxos e o Miguel	215
53	Jorge Barroso	05:25:31	00:18:21	00:05:53	03:11:01	00:02:09	01:48:07		219
54	Pedro Nascimento	05:25:35	00:20:43	00:04:16	03:04:22	00:02:30	01:53:44	Clube 4 Estilos	220
55	André Carvalho	05:25:36	00:21:25	00:06:11	03:08:40	00:01:45	01:47:34		221
56	Hugo Henriques	05:26:29	00:21:59	00:03:33	03:12:28	00:01:37	01:46:51		224
57	Carlos Mourato	05:28:36	00:21:25	00:06:21	02:58:58	00:02:26	01:59:26		230
58	Pedro Correia	05:29:07	00:26:05	00:05:38	03:04:46	00:02:22	01:50:16		236
59	João Barbosa	05:29:15	00:19:48	00:07:22	03:26:17	00:03:24	01:32:25	Cães D'Avenida	237
60	João Seródio	05:29:28	00:21:38	00:08:33	03:03:48	00:03:34	01:51:54	Sport Algés e Dafundo	239





# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

61	Pedro Martins	05:29:54	00:20:06	00:03:58	03:08:50	00:01:26	01:55:35		240
62	David Figueiredo	05:31:15	00:25:37	00:05:41	03:08:30	00:02:02	01:49:25	Escola de Atletismo do Montijo - A. F. D. D.	244
63	Antonio Cumbre	05:31:29	00:20:02	00:04:38	03:12:25	00:02:25	01:52:00		245
64	Vasco Baptista	05:31:31	00:22:51	00:07:52	03:00:49	00:05:10	01:54:49	Wikaboo	246
65	João Coelho	05:33:59	00:24:55	00:09:19	03:14:15	00:03:40	01:41:49		253
66	Nuno Faria	05:38:06	00:20:34	00:06:04	03:13:34	00:01:56	01:55:58		266
67	João Perneco	05:38:43	00:19:49	00:06:59	03:10:47	00:05:28	01:55:39		268
68	Carlos Quaresma	05:42:54	00:19:07	00:03:20	03:22:36	00:02:26	01:55:26	GRCD Leião Triatlo	277
69	Tiago Pona	05:43:17	00:16:14	00:02:34	03:57:02	00:02:00	01:25:27	Outsystems Olímpico de Oeiras	278
70	Miguel Martins	05:44:03	00:25:27	00:07:31	03:22:50	00:03:22	01:44:54	Escola de Atletismo do Montijo - A. F. D. D.	281
71	Nuno Malaquias	05:46:10	00:23:32	00:05:38	03:14:45	00:02:13	02:00:02	Sport Algés e Dafundo	286
72	Pedro Rosa	05:46:19	00:21:33	00:03:31	03:23:00	00:00:50	01:57:25	Salesianos de Manique	288
73	Edinson Sanchez	05:47:32	00:19:53	00:02:53	03:36:18	00:01:26	01:47:03	SERUL	292
74	Alexandre Leal	05:48:35	00:25:16	00:06:09	03:30:07	00:02:37	01:44:26		300
75	Nuno Simoes	05:48:54	00:22:27	00:04:59	03:27:04	00:02:57	01:51:27	GOfit Triatlo Portugal	301
76	Andre Aguiar	05:54:53	00:23:09	00:06:43	03:25:36	00:05:17	01:54:09	Associação Académica de São Mamede	314
77	Pedro Ramos	05:54:55	00:20:11	00:05:19	03:22:12	00:02:46	02:04:28		315
78	Vitor Fonseca	05:56:10	00:25:27	00:05:16	03:21:14	00:02:52	02:01:21		319
79	Joao Ferreira	05:58:33	00:22:54	00:07:29	03:23:04	00:02:34	02:02:32		322
80	Bernardo Bernardes	06:02:03	00:20:36	00:06:02	03:28:07	00:02:52	02:04:27	Wikaboo	329
81	Nuno Lopes	06:03:08	00:23:28	00:05:16	03:14:30	00:04:39	02:15:15	Ironmoira Academy	331





# SETÚBAL TRIATHLON'20

## CLASSIFICAÇÃO

82	Ricardo Dengue	06:04:09	00:21:26	00:05:22	03:19:36	00:01:48	02:15:57	FIDELIDADE GDC	333
83	Juan Tostado	06:21:45	00:23:10	00:05:22	03:27:59	00:04:08	02:21:07		346
84	Nuno Sousa	06:27:59	00:22:57	00:03:36	03:40:26	00:01:24	02:19:35		354
85	Rui Santos	06:30:44	00:22:25	00:04:39	03:42:10	00:02:25	02:19:06	Amorense	355
86	Andre Cabrita	06:37:57	00:19:21	00:03:08	04:14:55	00:01:25	01:59:08	Triatlo de Faro	362
87	Miguel Reis	06:38:49	00:25:22	00:05:29	03:52:18	00:04:58	02:10:41	GRCD Leião Triatlo	364
88	Gabriel Mateus	06:45:37	00:22:26	00:06:21	03:48:54	00:04:52	02:23:05	Bombeiros Voluntários de Alhandra	367



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 45 - 49 anos - F

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Fernanda Santinha	05:23:48	00:20:12	00:04:26	03:19:43	00:02:44	01:36:43	Clube Oriental de Lisboa	211
2	Sara Colaço	05:51:01	00:20:09	00:04:14	03:27:31	00:04:37	01:54:30	Clube Oriental de Lisboa	307



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 45 - 49 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Luis Nunes	04:23:02	00:20:21	00:02:16	02:34:48	00:01:04	01:24:33		17
2	Paulo Martins	04:26:00	00:21:20	00:03:18	02:35:08	00:01:30	01:24:44	Sporting Clube de Espinho - Fersilva	21
3	Jorge Augusto	04:30:51	00:17:07	00:02:46	02:41:09	00:01:17	01:28:32	Tribraga	31
4	Ezequiel Lobo	04:32:57	00:24:32	00:03:30	02:40:03	00:00:43	01:24:09		32
5	Luis Alegrias	04:35:02	00:18:37	00:03:48	02:39:39	00:01:19	01:31:39	Kainágua	35
6	Marco Sousa	04:38:56	00:18:02	00:02:42	02:47:39	00:00:55	01:29:37		43
7	Hugo Gaudencio	04:40:23	00:17:51	00:04:02	02:49:28	00:01:02	01:28:00	Repsol Triatlo	47
8	Nuno Carvalhinho	04:42:41	00:19:31	00:02:19	02:41:07	00:01:30	01:38:14	Clube TAP	53
9	Samuel Eugénio	04:42:45	00:20:03	00:04:27	02:39:51	00:02:30	01:35:53	Núcleo do Sporting da Golegã	54
10	Carlos Lopes	04:44:04	00:24:27	00:04:03	02:48:53	00:02:12	01:24:29		61
11	Rui Silva	04:44:16	00:22:21	00:03:15	02:49:30	00:01:05	01:28:05	Sporting Clube de Espinho - Fersilva	63
12	Ivo Carvalho	04:44:41	00:17:04	00:02:44	02:44:36	00:01:36	01:38:41	Sporting Clube de Espinho - Fersilva	64
13	Miguel Garcia	04:44:44	00:17:37	00:02:55	02:46:07	00:01:17	01:36:48	Núcleo do Sporting da Golegã	65
14	Carlos Ferreira	04:45:02	00:19:23	00:03:14	02:45:57	00:01:19	01:35:09	Louletano	67
15	Alexandre Nunes	04:46:00	00:21:38	00:02:42	02:50:56	00:00:43	01:30:01		69
16	Luis Miranda	04:46:47	00:22:06	00:03:41	02:51:40	00:01:04	01:28:16		73
17	Paulo Lamego	04:47:28	00:18:45	00:03:27	02:48:36	00:01:08	01:35:32	TriAmazing	76
18	José Abrantes	04:48:02	00:19:11	00:03:05	02:55:31	00:01:11	01:29:04	Exército de Portugal	78



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

19	Rui Gonçalves	04:50:03	00:22:22	00:05:46	02:47:01	00:02:19	01:32:35	Repsol Triatlo	82
20	Luis Carvalho	04:53:45	00:19:06	00:03:39	02:45:36	00:01:10	01:44:13	Remo Clube Lusitano	102
21	Paulo Teles	04:54:10	00:18:35	00:02:59	02:48:05	00:01:21	01:43:10	3B Triatlo	103
22	Nuno Lopes	04:55:31	00:24:12	00:03:08	02:48:49	00:01:46	01:37:36	Clube Millennium BCP	110
23	Daniel Fonseca	04:56:54	00:18:44	00:02:51	02:58:29	00:02:49	01:34:01	Club Triatlón Las Rozas	113
24	Pedro Santos	04:57:03	00:22:18	00:03:27	02:54:22	00:01:21	01:35:34	Bikemania Famalicão	114
25	Mauro Azevedo	04:57:09	00:20:44	00:03:20	02:57:00	00:01:13	01:34:53	Associação Recreativa Casaense	115
26	José Massaça	05:01:37	00:20:50	00:05:32	02:59:58	00:01:39	01:33:39	Clube Oriental de Lisboa	129
27	Jan Vreken	05:02:53	00:22:43	00:04:15	02:54:31	00:02:08	01:39:15		136
28	Paulo Freitas	05:04:21	00:29:03	00:04:31	02:48:44	00:01:38	01:40:25	Louletano	139
29	José Guimarães	05:04:27	00:20:28	00:03:21	03:01:27	00:02:25	01:36:45	Clube Oriental de Lisboa	140
30	Pedro Nunes	05:04:34	00:17:35	00:03:40	03:01:54	00:01:33	01:39:52	Outsystems Olímpico de Oeiras	142
31	Rui Pereira	05:05:27	00:19:06	00:03:35	03:04:21	00:01:34	01:36:50	PAC - Peniche Amigos Clube	144
32	José Varela	05:05:51	00:20:13	00:04:50	02:54:27	00:02:40	01:43:41	Kainágua	146
33	Pedro Lopes	05:08:10	00:22:58	00:05:55	03:00:29	00:02:06	01:36:43	Outsystems Olímpico de Oeiras	155
34	Pedro Morais	05:08:23	00:21:23	00:04:45	02:59:00	00:01:57	01:41:17		157
35	Jose Farinha	05:09:01	00:24:03	00:04:28	02:56:36	00:02:22	01:41:33	Clube Millennium BCP	160
36	Jose Canela	05:12:03	00:21:29	00:02:58	03:05:32	00:01:28	01:40:35	Louletano	172
37	Luis Martins	05:14:12	00:21:11	00:10:31	03:01:19	00:02:40	01:38:30	OCS - Arrabida Trail Team	181
38	João Cabeleira	05:17:20	00:22:22	00:06:24	02:58:43	00:02:12	01:47:40		189
39	Ricardo Rodrigues	05:18:36	00:21:51	00:04:30	03:03:37	00:02:16	01:46:22		192



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

40	Ricardo Chung	05:18:59	00:23:34	00:07:49	03:02:54	00:01:59	01:42:42		195
41	Rui Mirra	05:21:43	00:20:47	00:04:54	03:06:14	00:01:58	01:47:50	Estoril Praia Credibom	204
42	Rogério Pires	05:22:24	00:33:45	00:03:35	02:55:01	00:02:17	01:47:46	Clube de Triatlo do Fundão	208
43	Luis Tomé	05:22:40	00:24:59	00:03:56	03:00:00	00:01:16	01:52:29	PAC - Peniche Amigos Clube	209
44	Jose Rodrigues	05:24:49	00:25:51	00:07:36	03:01:04	00:03:35	01:46:44	Paredes Aventura	213
45	Ricardo Dinis	05:25:41	00:26:51	00:07:08	02:53:11	00:04:39	01:53:53		222
46	Pedro Lourenço	05:27:41	00:22:26	00:04:14	03:02:29	00:01:41	01:56:50	3B Triatlo	226
47	Miguel Salvador	05:28:02	00:19:21	00:04:43	03:15:58	00:02:23	01:45:37		227
48	Christian Santos	05:28:30	00:20:40	00:05:05	03:08:30	00:01:52	01:52:23		229
49	Pedro Leiria	05:30:00	00:22:34	00:06:20	02:52:57	00:02:47	02:05:22		241
50	Pedro Queiroga	05:31:41	00:22:04	00:05:43	03:11:54	00:04:15	01:47:46	Wikaboo	247
51	Jorge Pé-Curto	05:31:43	00:29:12	00:05:08	03:06:27	00:02:43	01:48:14	Os Coxos e o Miguel	248
52	Pedro Cruzinha	05:33:24	00:19:19	00:06:23	03:17:09	00:02:43	01:47:50		251
53	Filipe Ramos	05:34:00	00:20:24	00:02:35	03:11:46	00:02:19	01:56:56	SUColarese	254
54	Paulo Ferreira	05:34:49	00:22:11	00:07:07	03:09:17	00:02:21	01:53:52		255
55	José Rosa	05:39:17	00:20:33	00:04:36	03:18:40	00:02:13	01:53:16		272
56	Eduardo Ferreira	05:39:38	00:23:56	00:04:26	03:04:26	00:01:19	02:05:30	Clube Millennium BCP	273
57	Bruno Ornelas	05:39:49	00:18:17	00:03:15	03:03:31	00:01:32	02:13:15		274
58	Luis Cipriano	05:45:03	00:22:36	00:02:49	03:20:41	00:02:20	01:56:37	AMCR Fonte Grada	284
59	António Brandão	05:47:44	00:26:05	00:05:09	03:17:03	00:02:35	01:56:52		294
60	José Fernandes	05:48:10	00:23:58	00:04:58	03:16:02	00:02:04	02:01:07	ManWinWin Software	297



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

61	Ken Gielen	05:48:24	00:15:47	00:04:56	03:08:11	00:03:39	02:15:51	Caparica Tri	299
62	Ricardo Rodrigues	05:48:55	00:22:04	00:04:56	03:15:11	00:04:37	02:02:08		302
63	Vitor Paulo	05:49:07	00:22:51	00:05:05	03:12:59	00:03:05	02:05:09	Clube Oriental de Lisboa	304
64	Mário Fonseca	05:52:59	00:23:58	00:05:05	03:10:38	00:02:20	02:10:58	Côte d'Azur - Mediação Imobiliária	311
65	Carlos Preciso	05:54:18	00:28:54	00:05:37	03:34:22	00:02:56	01:42:29	CAAB	312
66	Paulo Ribeiro	05:54:46	00:25:49	00:08:53	03:17:37	00:05:15	01:57:13	Clube de Triatlo de Viseu	313
67	Nuno Melo	05:55:23	00:29:12	00:07:06	03:29:40	00:02:58	01:46:26	My SBR Team	316
68	Tiago Avelãs	05:55:51	00:25:11	00:04:02	03:22:57	00:02:12	02:01:28	SS CGD	317
69	Paulo Menezes	05:58:56	00:23:43	00:05:47	03:37:59	00:05:23	01:46:05	Matilha Runnig	323
70	José Ferreira	06:00:15	00:30:55	00:06:59	03:14:45	00:03:28	02:04:10		328
71	Samuel Raposo	06:03:46	00:26:35	00:05:02	03:29:38	00:02:52	01:59:39		332
72	Carlos Martins	06:08:42	00:27:31	00:05:34	03:38:56	00:01:41	01:55:00	FIDELIDADE GDC	336
73	Nuno Ribeiro	06:15:40	00:23:24	00:05:15	03:27:58	00:01:51	02:17:12	Clube de Triatlo de Viseu	343
74	Paulo Lopes	06:26:22	00:25:53	00:08:06	03:43:06	00:03:12	02:06:04		351
75	Rui Valente	06:33:39	00:24:24	00:05:52	03:44:02	00:04:46	02:14:35		357
76	Christophe Coste	06:34:00	00:27:22	00:06:14	04:03:23	00:02:35	01:54:25		358
77	Rui Catarrinha	06:38:37	00:22:58	00:07:39	03:49:02	00:07:24	02:11:33	3XS	363
78	João Fernandes	06:55:42	00:26:03	00:06:45	04:05:53	00:03:46	02:13:15		369
79	Carlos Semide	06:59:12	00:29:14	00:06:53	03:51:32	00:02:53	02:28:40	GOfit Triatlo Portugal	371
80	Joaquim Rosado	07:01:13	00:24:42	00:04:56	03:57:27	00:04:59	02:29:09	Kainagua	372
81	David Fróis	07:12:35	00:31:20	00:06:17	04:02:36	00:04:08	02:28:14		373



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 50 - 54 anos - F

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Rosa Rodrigues	05:59:06	00:28:59	00:04:04	03:24:20	00:01:42	02:00:01	Clube dos Galitos	324



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 50 - 54 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	José Galvão	04:35:24	00:18:39	00:02:39	02:41:07	00:01:43	01:31:16		38
2	Fernando Carmo	04:43:15	00:20:22	00:06:19	02:42:45	00:01:27	01:32:22	Sport Algés e Dafundo	59
3	José Hernández	04:45:05	00:21:28	00:02:30	02:50:32	00:01:21	01:29:13	CNATRIL	68
4	Paulo Carvalhinho	04:46:52	00:18:48	00:03:12	02:49:16	00:01:23	01:34:12		74
5	Sérgio Batalha	04:47:53	00:21:46	00:04:04	02:50:56	00:01:35	01:29:31	3B Triatlo	77
6	Joao Nunes	04:53:13	00:20:29	00:03:13	02:52:40	00:01:16	01:35:35	Alhandra Sporting Club	98
7	Jorge Carvalho	05:00:08	00:21:08	00:03:11	02:55:03	00:01:06	01:39:41	Clube Oriental de Lisboa	123
8	Carlos Vitorino	05:00:59	00:23:55	00:02:39	02:52:04	00:00:45	01:41:36	Clube Triatlo de Abrantes	127
9	Toni Seródio	05:01:50	00:20:02	00:04:03	02:55:46	00:01:01	01:40:59	DAR-Recardães EXPansion	130
10	Pedro Jorge	05:03:12	00:18:02	00:04:05	02:56:05	00:01:11	01:43:48	TriAmazing	137
11	Neville Suzman	05:18:51	00:22:04	00:07:36	03:00:19	00:01:34	01:47:17	CIGNON	193
12	Nuno Prazeres	05:21:06	00:20:15	00:03:47	03:13:25	00:02:06	01:41:33	Clube Millennium BCP	200
13	Gil Oliveira	05:21:08	00:21:02	00:05:01	03:10:05	00:02:35	01:42:24	CNATRIL	201
14	António Duarte	05:22:05	00:21:34	00:05:43	02:54:56	00:03:07	01:56:45	Triatlo Fundação Salesianos	206
15	Rui Almeida	05:28:56	00:21:30	00:03:29	03:08:27	00:01:50	01:53:41	Legionários	234
16	Paulo Vasconcelos	05:28:58	00:24:50	00:04:18	03:04:43	00:01:21	01:53:47	Outsystems Olímpico de Oeiras	235
17	Carlos Abrunhosa	05:35:15	00:23:11	00:05:48	03:15:26	00:02:06	01:48:44	Clube Millennium BCP	258
18	Pedro Santos	05:36:42	00:19:13	00:05:18	03:15:32	00:02:36	01:54:03	Outsystems Olímpico de Oeiras	261





# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

19	Jorge Dinis	05:38:06	00:20:24	00:05:19	03:09:59	00:02:22	02:00:02	Associação Naval Amorense	267
20	Rafael Abrunhosa	05:39:06	00:28:04	00:05:12	03:20:27	00:02:12	01:43:12		271
21	Horácio Ferreira	05:40:38	00:23:32	00:04:56	03:24:24	00:01:38	01:46:07	Oeiras Sport Clube	275
22	Mauricio Costa	05:43:32	00:20:19	00:04:26	03:24:15	00:03:38	01:50:53	Associação Naval Amorense	280
23	Rui Magalhaes	05:47:42	00:21:40	00:05:06	03:33:06	00:01:38	01:46:12	Clube Millennium BCP	293
24	Miguel Machado	05:47:46	00:23:18	00:07:22	03:34:24	00:05:23	01:37:20		295
25	Fernando Ferreira	05:49:05	00:25:28	00:07:32	03:23:21	00:02:59	01:49:45	Associação Académica de São Mamede Infesta -	303
26	Renato Araújo	05:52:45	00:23:29	00:04:02	03:28:42	00:03:24	01:53:08		309
27	Raul Azevedo	05:56:50	00:19:54	00:05:54	03:25:01	00:03:55	02:02:07		321
28	Rui Martins	05:59:34	00:24:25	00:05:21	03:18:40	00:02:49	02:08:18		326
29	Pedro Tarouca	06:06:47	00:24:04	00:06:48	03:50:17	00:05:00	01:40:38		335
30	João Carvalho	06:11:03	00:25:29	00:05:11	03:37:42	00:05:26	01:57:15		337
31	Luís Carvalho	06:18:56	00:21:53	00:08:05	03:37:36	00:04:13	02:07:09		344
32	Miguel Cruz	06:25:02	00:25:03	00:05:17	03:38:30	00:01:48	02:14:23	Clube Millennium BCP	348
33	Jorge Carreiras	06:26:01	00:26:14	00:06:09	03:42:12	00:03:34	02:07:52	Clube Oriental de Lisboa	350



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 55 - 59 anos - F

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Maria Lima	05:44:35	00:22:37	00:04:06	03:17:44	00:02:22	01:57:47	Associação Académica de São Mamede Infesta -	283



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 55 - 59 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Carlos Silva	04:36:34	00:22:12	00:02:38	02:42:55	00:01:50	01:27:01	Outsystems Olímpico de Oeiras	39
2	Miguel Duarte	04:51:09	00:17:42	00:03:59	02:52:18	00:02:40	01:34:29		86
3	António Oliveira	05:02:50	00:21:02	00:04:13	02:59:21	00:01:49	01:36:26	Grupo Desportivo Corticeiras	135
4	Pim Veeger	05:03:12	00:19:08	00:02:59	02:52:01	00:01:50	01:47:15		138
5	Manuel Rodrigues	05:09:19	00:20:24	00:03:35	02:50:39	00:01:38	01:53:03	Clube Millennium BCP	163
6	Paulo Santos	05:10:31	00:18:43	00:03:26	03:05:03	00:00:59	01:42:20	PAC - Peniche Amigos Clube	169
7	Francisco Sanches-Osório	05:21:37	00:21:31	00:04:40	03:04:56	00:01:26	01:49:04	Estoril Praia Credibom	203
8	Antonio Martinho	05:28:37	00:18:33	00:04:45	03:13:01	00:02:56	01:49:22	Clube Oriental de Lisboa	231
9	Rui Velez	05:43:27	00:18:51	00:04:01	03:12:31	00:01:44	02:06:20	Clube Oriental de Lisboa	279
10	António Marques	05:46:06	00:19:18	00:04:21	03:20:29	00:02:01	01:59:56	Associação Humanitária de Bombeiros dos Estori	285
11	João Baptista	05:47:07	00:19:44	00:04:58	03:22:30	00:01:44	01:58:10	Sport Algés e Dafundo	291
12	José Correia	06:04:25	00:20:34	00:04:35	03:28:52	00:01:49	02:08:35		334
13	Luis Santos	06:13:35	00:23:22	00:05:49	03:25:28	00:02:46	02:16:10	GDR Manique de Cima	340
14	Eduardo Carpinteiro	06:34:03	00:29:28	00:08:54	03:27:34	00:05:20	02:22:47		359
15	Paulo Marques	06:36:05	00:23:16	00:06:01	03:43:23	00:04:23	02:19:03	Associação Humanitária de Bombeiros dos Estori	361



# SETÚBAL TRIATHLON'20

## CLASSIFICAÇÃO

### 60 - 64 anos - F

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Marijke Zeekant	05:30:06	00:18:16	00:03:08	03:10:51	00:02:39	01:55:12	De Dolfijn	242



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 60 - 64 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Paulo Guedes	05:47:02	00:21:37	00:09:25	03:20:22	00:04:08	01:51:31		290
2	Pedro Pujol	06:27:41	00:29:00	00:08:18	03:41:58	00:03:35	02:04:51		353
3	Rui Pedras	06:31:45	00:29:36	00:06:39	03:45:58	00:04:22	02:05:09		356
4	Jose Correia	07:36:57	00:19:18	00:08:00	04:11:42	00:04:53	02:53:04	Associação Humanitária de Bombeiros dos Estori	374



# SETÚBAL TRIATHLON'20

# CLASSIFICAÇÃO

## 65 - 69 anos - M

<i>Class.</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>T1</i>	<i>Ciclismo</i>	<i>T2</i>	<i>Corrida</i>	<i>Clube</i>	<i>Class. Geral</i>
1	Francisco Salgado	05:46:22	00:22:27	00:03:12	03:19:42	00:02:39	01:58:23	Estoril Praia Credibom	289