



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



18 - 24 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	523	Luis Manuel Dias Moleiro	03:56:53	00:08:35	02:27:50	01:17:22	3
2	468	Tomás Teixeira	04:15:16	00:08:46	02:32:35	01:29:59	35
3	489	Gabriel Silva Garrido De Souza	04:15:29	00:08:55	02:34:54	01:27:40	37
4	723	Guilherme Bonito	04:25:18	00:07:49	02:41:37	01:32:38	83
5	472	Manuel Silva	04:27:18	00:09:42	02:43:27	01:27:42	95
6	666	Timotheus Kredel	04:31:28	00:11:01	02:34:37	01:38:55	116
7	151	Pedro Roque Gil Neves	04:34:27	00:11:33	02:41:20	01:36:07	143
8	274	André Filipe Vaz Bernardo	05:02:03	00:14:09	03:10:05	01:32:23	324
9	551	Emanuel Marques	05:12:43	00:12:56	03:08:01	01:42:42	385
10	533	Diogo Dias	05:22:25	00:09:12	03:13:33	01:53:22	432

25 - 29 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	33	João Pedro De Matos Rebelo	04:01:38	00:08:48	02:30:41	01:18:36	8
2	487	Diogo Allen Santos Guimarães Coelho	04:02:26	00:09:15	02:24:46	01:24:36	9
3	152	André M. Duarte	04:06:01	00:08:51	02:34:20	01:20:16	14
4	483	Alejandro Pérez Varela	04:08:26	00:09:06	02:32:08	01:23:11	18
5	210	Hugo José Nobre Baluga	04:12:17	00:09:14	02:36:33	01:22:47	26
6	699	Lars Baeyens	04:12:47	00:07:50	02:35:32	01:24:38	28
7	121	Miguel Ângelo Sérvulo Tomé	04:16:09	00:07:49	02:39:38	01:25:08	38
8	645	Tiago Lopes	04:17:11	00:09:17	02:38:50	01:24:31	43
9	368	Rodrigo Viana	04:22:01	00:10:48	02:40:34	01:24:54	64
10	680	André Bernardino	04:22:14	00:11:10	02:34:38	01:31:36	66
11	52	Afonso Garcia	04:24:51	00:07:51	02:42:52	01:30:54	78
12	415	Mário Jorge Rosa Macheta	04:29:38	00:10:24	02:49:16	01:25:16	109
13	195	Lucas Souza Peixoto	04:35:16	00:10:43	02:40:55	01:39:13	147
14	347	Nuno Miguel Meira Ramos	04:37:19	00:13:10	02:46:53	01:30:56	160
15	528	Quentin Zône	04:50:42	00:10:07	02:55:16	01:39:05	246
16	323	Luís Pedro Lopes De Sousa Ferreira	05:52:56	00:11:21	03:14:37	02:18:25	519
17	743	João Ferreira	05:55:15	00:11:01	03:25:15	02:09:09	525
18	178	Miguel Ruiz Callé Lucas	05:59:02	00:11:31	03:21:36	02:17:25	528
19	312	Gonçalo Rodrigues	06:00:10	00:12:25	03:32:01	02:03:59	533



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AGE GROUPS CLASSIFICAÇÃO



25 - 29 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	685	Bárbara Vieira	06:00:04	00:10:44	03:45:47	01:59:41	531

30 - 34 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	3	Miguel Arraiolos	03:57:24	00:07:41	02:34:03	01:12:35	4
2	148	Mikael Eriksson	03:59:49	00:08:50	02:26:49	01:21:13	6
3	309	Sandro Ribeiro De Sousa E Silva	04:09:54	00:09:49	02:36:56	01:18:00	21
4	56	Santiago Del Puerto	04:10:25	00:09:26	02:35:24	01:21:41	22
5	105	Tiago Encarnação	04:17:01	00:10:57	02:34:47	01:27:12	42
6	570	Alberto Pulido Maestre	04:20:30	00:10:36	02:37:04	01:28:41	57
7	552	Marco Pinto	04:24:54	00:11:05	02:35:40	01:32:45	79
8	550	Cristiano Marques	04:25:16	00:11:56	02:37:54	01:30:05	82
9	464	Adriano Correia	04:26:14	00:08:26	02:49:39	01:25:05	89
10	747	Jon Prada	04:28:21	00:10:06	02:41:18	01:30:43	102
11	746	João Pedro Filipe Cordeiro	04:28:58	00:11:06	02:46:14	01:25:43	104
12	440	Ruben Miguel Lages Duarte	04:32:09	00:12:48	02:45:50	01:28:12	121
13	41	Ivan Duque De Azevedo E Costa	04:33:04	00:09:30	02:41:07	01:37:46	131
14	597	Pedro Filipe Maia	04:33:42	00:11:26	02:41:46	01:35:35	138
15	91	Fábio Correia	04:34:52	00:12:23	02:52:40	01:23:02	146
16	690	Rubén Negreira Martínez	04:36:32	00:09:52	02:54:05	01:27:28	153
17	703	Gonçalo Pitaça	04:38:39	00:10:37	02:45:17	01:37:48	169
18	54	Tiago Teotónio Pereira	04:39:42	00:10:42	02:52:28	01:30:18	176
19	728	Bruno Miguel Marvanejo Pinto	04:40:16	00:10:19	02:45:56	01:39:25	181
20	98	Vasco Pereira Lopes	04:42:24	00:10:12	02:50:47	01:34:56	192
21	371	Daniel Marques	04:45:15	00:11:02	02:51:38	01:36:14	213
22	744	Rodrigo Van Hoof Ribeiro	04:48:13	00:09:50	02:57:48	01:33:22	226
23	311	Emanuel Freitas	04:49:06	00:10:25	02:53:36	01:35:20	232
24	662	Duarte Tirapicos	04:51:50	00:12:50	02:56:44	01:34:02	247
25	221	William Santos	04:52:59	00:12:07	02:52:10	01:41:52	257
26	604	Stefano Borralho Silvestre	04:54:12	00:09:47	02:47:46	01:52:56	268
27	224	Rodrigo Santos	04:55:03	00:10:20	03:00:01	01:39:05	275
28	571	Pedro Monteiro	04:57:34	00:13:01	03:03:40	01:32:56	291
29	289	Ivor Sebalj	04:57:55	00:10:45	02:53:27	01:47:46	296
30	392	David Antonio Serrao Martins	04:58:24	00:11:18	02:54:29	01:45:49	304



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31	651 Francisco Pessoa Costa	04:59:09	00:10:20	02:53:54	01:47:56	308
32	220 Ruben Miguel Silva Matos	04:59:42	00:09:28	03:03:00	01:42:35	311
33	564 João Farinha	05:02:45	00:12:56	02:55:09	01:45:33	330
34	322 Filipe Dias	05:10:15	00:12:49	02:54:37	01:54:28	367
35	631 Pedro Monzelo	05:10:22	00:10:50	02:59:15	01:52:06	368
36	330 Martinho José Da Silva Pessoa	05:14:12	00:12:50	02:58:33	01:54:53	391
37	300 Bruno Gramaxo	05:19:28	00:13:49	02:59:06	01:57:43	418
38	607 Goncalo Alves	05:25:53	00:09:55	03:15:43	01:54:05	446
39	545 Diego Gonzalez Madurga	05:26:45	00:10:59	03:13:52	01:54:43	450
40	441 Fábio Santos	05:46:56	00:15:18	03:13:46	02:12:37	509
41	584 Manuel Carlos Figueiredo Cabrita	06:00:07	00:11:13	03:23:04	02:16:56	532
42	616 Ricardo Reis Dagge	06:05:22	00:15:08	03:46:50	01:54:35	542
43	688 João Miguel Vieira Jerónimo	06:13:12	00:15:36	03:31:17	02:19:10	549
44	103 Fábio Monteiro Coutinho	06:19:26	00:09:41	03:22:11	02:42:28	557

30 - 34 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	7	Annika Timm	04:33:10	00:10:19	02:35:24	01:43:12	134
2	6	Liliana Alexandre	04:53:55	00:08:26	03:03:26	01:38:36	263
3	193	Susana Mateus	04:59:23	00:08:58	02:59:59	01:46:31	309
4	599	Rita Spínola	05:02:24	00:09:11	03:06:53	01:42:29	327
5	527	Katia Roberto	05:50:05	00:12:18	03:35:20	01:54:43	514
6	263	Gillie Grattan	05:59:38	00:09:40	03:30:34	02:10:13	529
7	580	Cristina Vicente	06:50:43	00:14:20	03:51:30	02:36:13	586

35 - 39 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	2	Márcio Neves	03:46:53	00:07:57	02:18:56	01:16:51	1
2	674	Andre Costa	03:55:28	00:07:28	02:26:51	01:17:27	2
3	711	Mariusz Pirek	04:05:49	00:09:18	02:30:08	01:23:07	13
4	726	Nuno Miguel Mendão Rodrigues	04:06:28	00:08:46	02:31:17	01:22:58	15
5	500	Ricardo Rosado	04:06:44	00:09:01	02:31:52	01:21:54	16
6	459	João Gonçalves	04:07:15	00:09:04	02:30:53	01:22:23	17
7	262	Filipe Miguel Nunes Marques	04:10:28	00:08:12	02:35:02	01:24:04	23
8	496	Iván Pereira Iglesias	04:11:20	00:10:19	02:32:47	01:23:58	24
9	424	Roi Martínez Martín	04:13:57	00:09:46	02:34:14	01:26:09	30
10	515	João Feijão	04:14:23	00:11:02	02:33:22	01:26:24	31



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11	333 Pedro Lorena	04:15:20	00:09:04	02:33:06	01:27:51	36
12	188 Rui Daniel De Carvalho Martins	04:16:53	00:08:41	02:40:06	01:23:57	41
13	69 Ricardo Filipe Varela Costa	04:17:11	00:09:10	02:34:47	01:29:32	44
14	341 Joao Sacadura	04:17:32	00:10:26	02:37:20	01:24:52	48
15	137 Duarte Pais	04:17:41	00:09:07	02:44:14	01:20:44	50
16	59 Luis Filipe Ferreira	04:18:23	00:10:55	02:40:18	01:23:23	52
17	634 Ricardo Rego	04:21:28	00:07:54	02:41:36	01:27:11	59
18	426 Pedro Homem	04:22:34	00:09:15	02:34:07	01:33:42	67
19	15 João Brísida Pacheco	04:23:00	00:09:36	02:40:31	01:29:33	70
20	694 Paulo Filipe Neto Gonçalves	04:24:57	00:08:56	02:40:05	01:32:23	80
21	96 Pedro Ferreira Da Silva	04:25:26	00:09:19	02:43:22	01:28:01	84
22	64 Joao Machado	04:25:55	00:10:19	02:42:02	01:28:27	88
23	93 David Alfeirão	04:26:38	00:10:42	02:39:44	01:32:01	90
24	215 João Pedro Gomes	04:27:10	00:11:08	02:35:02	01:34:59	91
25	560 Eduardo Gonçalves	04:27:53	00:09:07	02:40:45	01:33:03	98
26	568 Hélder Filipe Pereira Cipriano	04:28:07	00:10:18	02:38:41	01:35:01	100
27	495 Borja Costa Rojo	04:29:24	00:08:46	02:40:37	01:36:01	107
28	398 Ronny Simões	04:29:49	00:12:38	02:36:07	01:35:51	111
29	542 Fernando Manuels Conceicao Batista	04:30:38	00:10:43	02:44:28	01:31:06	112
30	701 David Paiva	04:31:20	00:08:25	02:40:52	01:37:25	115
31	467 Leonel Marques	04:33:04	00:10:44	02:44:18	01:34:17	132
32	632 Mario Cruz	04:33:24	00:10:30	02:45:23	01:33:36	135
33	396 Pedro Freire De Andrade	04:33:42	00:09:48	02:43:21	01:34:59	137
34	724 Rui Dias Oliveira	04:34:00	00:10:32	02:42:48	01:36:09	139
35	626 Rodrigo Tomás Marcelino	04:34:14	00:11:13	02:48:16	01:27:57	142
36	351 Tiago Santos	04:36:19	00:10:15	02:43:42	01:36:37	150
37	354 André Vaz	04:36:37	00:11:50	02:44:36	01:33:58	154
38	720 Tiago Martins Ribeiro	04:37:06	00:10:30	02:49:00	01:31:08	158
39	477 João Luís Da Silva Teixeira Matos	04:38:15	00:10:44	02:46:07	01:36:10	165
40	520 Dino Manuel Sobralinho Ablum	04:38:20	00:09:59	02:44:12	01:39:06	166
41	374 Filipe Correia	04:38:43	00:09:47	02:51:01	01:32:38	170
42	456 Bruno Manuel Marques Andrade Nunes	04:38:50	00:11:26	02:48:19	01:31:02	171
43	140 Tomás Pires	04:39:29	00:09:15	02:47:24	01:38:07	174
44	187 David Roque Fernandes	04:40:40	00:13:18	02:38:51	01:44:04	183
45	692 Domingos Domingues	04:42:11	00:11:03	02:44:58	01:38:25	189
46	618 João Saldanha Lopes	04:42:17	00:10:12	02:47:48	01:39:26	190
47	234 Pedro Miguel Maia Assunção	04:42:18	00:11:53	02:44:19	01:38:44	191



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AGE GROUPS

CLASSIFICAÇÃO



48	230 Vitor Rito	04:42:56	00:11:27	02:48:26	01:35:53	197
49	763 Nuno Gonçalo Sousa	04:43:23	00:10:29	02:47:59	01:40:02	203
50	650 André Lopes Serrazina	04:43:44	00:13:10	02:50:01	01:35:01	206
51	656 João Cunha Guimarães	04:44:53	00:11:31	02:46:59	01:39:21	211
52	566 João Belo	04:44:54	00:10:22	02:45:10	01:44:18	212
53	118 João Freitas	04:46:00	00:10:10	02:47:31	01:43:29	215
54	66 Fernando Miguel Ferreira Rodrigues Ferreira Pinto	04:46:14	00:11:49	02:55:27	01:31:19	218
55	356 Pedro Migueol Sequeira Rilho	04:46:32	00:11:01	02:47:08	01:42:17	220
56	22 Hugo Gomes	04:48:09	00:14:00	02:54:06	01:32:31	225
57	245 João Laranjeira	04:48:40	00:09:43	02:54:48	01:38:45	228
58	74 Ivo Rafael Fernandes Pona	04:48:40	00:11:10	02:45:24	01:46:11	229
59	132 João Ricardo Figueiredo	04:48:57	00:11:05	02:48:25	01:40:35	231
60	538 Jorge Carvalho	04:49:39	00:13:14	02:54:37	01:34:15	237
61	641 Jaime Duarte	04:50:11	00:08:38	02:44:00	01:52:54	240
62	642 Marciano Dias	04:52:12	00:12:39	02:47:43	01:44:55	250
63	119 Pedro Miguel Machado	04:52:30	00:10:03	02:51:57	01:45:05	252
64	734 Martin Morais Tresca	04:52:42	00:12:15	02:57:53	01:34:24	255
65	452 Henrique Miguel Mateus Martins	04:52:50	00:11:31	02:49:36	01:44:31	256
66	682 Carlos Teixeira	04:53:06	00:13:24	02:49:24	01:45:18	258
67	361 Daniel Santos	04:53:58	00:15:58	02:56:25	01:34:11	264
68	546 Antonio Vazquez Balado	04:54:05	00:11:29	02:58:55	01:36:25	266
69	677 Jose Maria Corrêa De Barros	04:55:17	00:12:49	02:55:48	01:39:36	277
70	174 Carlos Jorge Costa Escórcio	04:56:19	00:11:29	03:01:52	01:38:31	285
71	493 Francisco Gaspar	04:57:12	00:10:59	02:49:54	01:48:16	288
72	170 Luís Galrito	04:57:46	00:10:03	02:58:13	01:44:31	293
73	101 Pedro Teixeira	04:57:59	00:12:51	02:57:45	01:41:13	297
74	395 Luis Santos	04:58:24	00:14:21	03:02:47	01:33:07	303
75	314 Miguel Simões	04:59:48	00:10:50	02:54:49	01:48:46	312
76	755 Tiago Pires De Lima	04:59:54	00:11:51	02:55:06	01:45:12	313
77	764 Pablllo Sipaubá De Sousa	05:00:32	00:11:59	02:57:00	01:42:40	315
78	150 João Pedro Ramos Borges Da Cruz	05:01:16	00:11:35	02:58:23	01:43:21	321
79	122 José M Pyrrait	05:01:57	00:10:40	03:06:53	01:38:20	323
80	338 José Carvalho	05:02:21	00:09:35	02:50:29	01:55:36	326
81	228 Cláudio Canavilhas	05:03:31	00:12:01	03:06:23	01:38:03	334
82	425 Diogo Veríssimo Da Silva	05:04:32	00:11:37	02:58:44	01:44:19	336
83	608 Carlos Jerónimo	05:07:01	00:09:02	02:54:27	01:58:27	353
84	438 Hendrikus Jan	05:07:46	00:12:19	03:09:04	01:38:25	358



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



85	331 Pedro Sanguino	05:08:25	00:11:11	03:01:21	01:48:22	360
86	549 Henrique Delgado	05:08:36	00:09:25	03:00:17	01:53:19	361
87	192 Jorge Raminhas	05:08:50	00:12:23	03:04:58	01:43:15	362
88	444 Pedro Ricardo Martins Machado	05:09:09	00:10:55	02:59:03	01:52:25	364
89	165 Marco Raminhos	05:11:53	00:11:46	02:57:56	01:54:21	377
90	209 Pedro Braga	05:12:14	00:13:44	02:58:29	01:46:47	381
91	557 Pedro Gandola	05:12:18	00:09:45	03:02:19	01:53:10	382
92	259 Nelson Sanchez	05:13:37	00:11:19	02:58:58	01:53:53	389
93	745 João Paulo Serôdio	05:15:27	00:11:13	02:41:05	02:15:48	392
94	649 Pedro Daniel Portugal Almeida	05:16:33	00:10:43	03:03:26	01:54:30	401
95	185 Gonçalo Rosa	05:17:48	00:10:31	03:08:03	01:54:19	407
96	421 Nuno Gonçalo Reboleira	05:19:22	00:15:06	03:00:22	01:55:46	416
97	619 Francisco Garnel	05:20:19	00:11:31	03:11:55	01:48:27	423
98	358 João André Guedes Dias	05:25:04	00:10:05	03:11:54	01:56:00	444
99	413 Daniel Oliveira	05:26:02	00:10:14	02:57:03	02:12:36	448
100	736 Mário Martins	05:29:05	00:13:42	03:04:22	02:04:45	458
101	670 Luiz Felipe De Faria E Cunha Monteiro	05:30:51	00:11:08	03:12:37	01:59:52	464
102	704 Frederico Cipriano Batista	05:37:41	00:13:12	03:22:04	01:56:10	481
103	410 Marco Cardoso	05:39:46	00:10:39	03:08:18	02:09:22	488
104	384 Carlos Manuel Nicolau Vieira	05:40:30	00:16:25	03:27:46	01:48:31	491
105	681 Flávio Vieira Carvalho De Figueiredo	05:40:45	00:10:40	03:22:26	02:02:10	492
106	143 Hugo Matos	05:41:25	00:11:48	03:01:40	02:21:29	494
107	633 António Alberto	05:42:26	00:14:19	03:21:39	01:59:21	500
108	383 Johny Sarlo Cabral	06:25:02	00:09:33	03:42:03	02:27:59	563
109	637 Sérgio Nuno Maquinista	06:25:20	00:17:03	03:43:59	02:18:00	565
110	660 Fábio Dos Santos Martins Munhoz	06:32:37	00:12:15	03:41:24	02:32:22	576
111	615 Cláudio Ricardo De Magalhães Pinheiro Caramelo	06:50:25	00:14:01	03:55:21	02:33:46	585
112	387 Fábio Paulo	06:53:30	00:16:02	03:57:44	02:27:04	587

35 - 39 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	5	Liliana Verissimo	04:27:59	00:10:09	02:48:47	01:25:24	99
2	675	Jennifer Connet	04:42:55	00:10:03	02:53:54	01:34:43	196
3	248	Eva Varani	05:00:42	00:13:01	03:01:56	01:38:23	316
4	652	Diana Mariño Lourenço	05:06:26	00:09:27	03:01:21	01:51:05	349
5	669	Camila Medici	05:06:47	00:12:04	02:58:29	01:51:13	352
6	752	Natália Guilherme	05:11:59	00:12:18	03:05:46	01:46:00	379



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AGE GROUPS CLASSIFICAÇÃO



7	352 Maria Isabel Areias	05:18:57	00:11:12	03:20:59	01:41:52	412
8	400 Andreia Milene Patrício Lourenço	05:27:26	00:14:31	03:18:51	01:47:48	455
9	348 Raquel Jorge De Lima Victor	06:10:02	00:11:48	03:26:14	02:24:20	546
10	588 Andreia Tourais	06:19:04	00:14:19	03:50:00	02:08:37	556
11	700 Cátia Valente Morais	06:36:56	00:10:30	03:54:26	02:23:18	578

40 - 44 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	295	Hugo Pina	03:57:59	00:09:13	02:24:20	01:20:37	5
2	509	Joao Fragoso	04:01:22	00:09:52	02:30:06	01:17:49	7
3	307	Valdo Das Neves	04:04:21	00:09:11	02:32:12	01:18:28	11
4	469	Tiago Almeida	04:08:33	00:10:22	02:25:36	01:26:55	19
5	498	José Ángel Penas Tallón	04:11:50	00:10:07	02:32:17	01:25:20	25
6	508	Tiago Filipe Raimundo Cochicho	04:12:36	00:09:36	02:32:36	01:26:38	27
7	428	Pedro Carreira	04:13:03	00:11:30	02:36:05	01:21:26	29
8	125	Nuno Miguel Guimarães Simões Fernandes	04:14:29	00:10:49	02:33:14	01:26:09	32
9	251	Hugo Correia	04:16:15	00:10:27	02:38:24	01:22:52	39
10	563	Bernardo Cadeiras	04:17:31	00:09:13	02:36:48	01:27:56	47
11	623	Alex Cabrita	04:18:20	00:09:40	02:38:32	01:26:00	51
12	485	Manuel Anselmo Silva Maia	04:18:39	00:10:51	02:38:51	01:24:39	53
13	741	Marco Costa	04:19:07	00:10:08	02:40:45	01:23:55	54
14	423	Rubén Sánchez Vázquez	04:19:30	00:11:11	02:37:31	01:26:14	55
15	491	João Silva	04:19:47	00:10:10	02:37:19	01:27:04	56
16	87	Rui Silva	04:21:59	00:10:12	02:40:11	01:26:37	63
17	535	Adelino José Soutinho De Sousa	04:22:39	00:11:14	02:36:11	01:30:20	68
18	233	António Salgado	04:22:40	00:10:37	02:34:30	01:31:35	69
19	213	Oscar Santos	04:23:06	00:12:04	02:38:20	01:26:56	72
20	112	Ricardo Jorge Gonçalves Simão	04:23:29	00:10:43	02:38:23	01:29:08	73
21	716	Ricardo Cabral	04:25:38	00:10:15	02:38:43	01:32:31	85
22	540	Bruno Fernandes	04:25:50	00:12:13	02:32:05	01:35:39	87
23	109	Sérgio Mota	04:27:14	00:10:54	02:43:23	01:28:38	93
24	23	Jorge Fonseca	04:27:29	00:10:26	02:37:28	01:35:05	96
25	107	Gonçalo Manuel Nunes Bastos Martins	04:27:33	00:11:28	02:39:47	01:31:37	97
26	184	Nuno Sousa Bela	04:28:09	00:11:20	02:42:23	01:29:09	101
27	751	Krzysztof Machnicki	04:29:26	00:10:50	02:45:34	01:27:06	108
28	389	Rui Rebocho	04:31:58	00:12:20	02:45:33	01:27:37	119
29	574	Bruno Toscano	04:32:19	00:09:57	02:38:22	01:39:56	122



SETÚBAL TRIATHLON'22

AGE GROUPS

CLASSIFICAÇÃO



30	171 Carlos Fernando Ribeiro Ferreira	04:32:37	00:08:48	02:43:50	01:34:28	124
31	145 Nuno Ricardo Pais Lopes	04:32:43	00:09:18	02:37:05	01:42:24	125
32	320 Rui Gonçalves Vieira	04:32:44	00:10:16	02:47:50	01:29:58	126
33	154 João Henrique Lamas Rodrigues	04:32:49	00:13:44	02:40:05	01:30:46	128
34	638 Luis Cordeiro	04:33:01	00:11:34	02:35:40	01:40:49	130
35	765 Marco Gonçalves	04:33:39	00:10:19	02:47:03	01:31:07	136
36	353 Vítor Simões	04:34:34	00:10:51	02:39:40	01:38:15	145
37	749 Pedro Mota	04:36:10	00:12:36	02:44:55	01:30:32	149
38	42 Edinson Sanchez	04:36:26	00:10:37	02:43:02	01:38:03	151
39	577 Henrique Avelar	04:36:38	00:11:25	02:40:25	01:39:34	155
40	345 António Manuel Brito Moreira	04:37:49	00:10:24	02:50:17	01:33:14	163
41	695 Bruno Almeida	04:39:22	00:10:50	02:38:01	01:45:00	172
42	40 Bruno Godinho	04:40:01	00:10:43	02:43:09	01:40:47	178
43	740 Francisco Fino	04:40:55	00:12:30	02:45:07	01:38:09	187
44	94 João Bacalhau	04:41:08	00:10:10	02:56:53	01:30:02	188
45	408 Bruno Batista	04:43:00	00:11:06	02:49:51	01:35:58	198
46	128 Paulo Luz	04:43:23	00:11:17	02:48:31	01:36:56	204
47	513 João Moita	04:43:25	00:11:08	02:51:17	01:34:13	205
48	497 Antonio Vicente Corral	04:44:40	00:09:04	02:57:03	01:34:44	208
49	288 Marcos Caldeira Madail Ratola	04:46:07	00:08:48	02:52:05	01:40:44	216
50	676 Hugo Cabral	04:46:59	00:08:56	02:42:30	01:50:45	222
51	61 Ricardo Faria	04:47:17	00:11:05	02:46:55	01:44:20	223
52	153 Bruno Miguel Roque Fonseca	04:48:19	00:13:09	02:51:27	01:36:58	227
53	350 Celso Ilidio Esteves Moreira	04:50:03	00:10:32	02:49:47	01:45:08	238
54	559 Samuel Da Silva Santoa	04:51:58	00:14:15	02:56:12	01:33:57	249
55	706 David Cerro Herrero	04:52:38	00:11:16	03:00:06	01:35:44	253
56	292 Pedro Miguel Gonçalves Miranda	04:54:36	00:11:54	02:45:51	01:50:54	271
57	68 Guilherme Libório	04:54:58	00:10:02	03:04:39	01:34:52	273
58	349 Rui Rodrigues	04:55:23	00:10:08	02:53:04	01:44:54	278
59	293 Pedro Miguel Ferreira Da Silva Nogueira	04:55:51	00:13:24	02:49:27	01:46:25	280
60	265 Mario Santana	04:56:22	00:11:58	02:53:53	01:44:38	286
61	376 Henrique Emanuel Estrela Pereira	04:58:02	00:11:18	03:00:14	01:39:50	298
62	714 Antonio Matalobos Bustelo	04:58:08	00:11:37	03:01:07	01:37:49	300
63	590 Miguel Adolfo Couto Novais	04:59:03	00:14:35	02:57:18	01:39:46	306
64	179 Pedro André Fernandes	04:59:55	00:11:14	02:59:29	01:43:35	314
65	721 Luís Márcia Dias Caetano	05:00:57	00:11:35	02:55:40	01:46:56	319
66	657 Gonçalo Almeida	05:01:00	00:11:00	02:49:02	01:55:22	320



SETÚBAL TRIATHLON'22

AGE GROUPS

CLASSIFICAÇÃO



67	301 Antonio Cumbre	05:01:41	00:11:12	02:57:02	01:46:17	322
68	299 Hugo Miguel Ferreira Viegas	05:02:27	00:12:27	03:00:26	01:43:35	328
69	581 Marco Silva	05:02:28	00:15:24	02:56:24	01:41:54	329
70	654 Pedro Miguel Figueiredo Do Carmo	05:02:54	00:12:36	02:49:13	01:54:58	331
71	718 Nuno Jorge Moreira De Pinho	05:04:58	00:12:51	02:55:27	01:50:31	339
72	455 Jose Antonio Pina	05:05:15	00:12:43	02:58:25	01:47:02	341
73	243 Pedro Miguel Farinha	05:05:24	00:10:21	02:56:45	01:51:04	342
74	202 Paulo Faria	05:05:38	00:10:54	03:11:44	01:34:46	343
75	427 Bruno Lindorfo Batista Alves	05:05:49	00:11:22	03:02:12	01:44:30	345
76	454 Fernando Alexandre Cardinali Coito	05:06:07	00:10:46	02:56:02	01:52:22	347
77	258 Nuno Mota	05:08:51	00:11:01	03:01:59	01:50:05	363
78	393 Gabriel Pereira De Carvalho	05:09:18	00:11:00	02:59:21	01:52:17	365
79	532 João Luís Monteiro Nunes	05:09:42	00:11:33	03:03:38	01:44:36	366
80	756 Joaquim Potes	05:10:49	00:10:34	03:03:58	01:47:14	370
81	60 Tiago Mira Amado	05:11:19	00:12:54	03:01:04	01:52:52	373
82	164 Carlos Mourato	05:11:42	00:12:14	02:50:21	01:59:46	376
83	722 Fernando Alberto Pedroso Silva	05:12:19	00:12:17	03:02:48	01:49:47	383
84	689 Kiko Martins	05:15:50	00:12:31	03:11:17	01:45:54	393
85	433 Joao Eduardo Lopes	05:15:52	00:10:34	02:59:05	01:53:55	394
86	305 Luís De Borja Santos Neves Franco	05:16:24	00:14:05	03:13:10	01:40:08	398
87	16 Sérgio Filipe	05:16:25	00:10:39	03:01:11	01:57:18	399
88	102 Bruno Alexandre Pinto Fernandes	05:19:14	00:12:15	03:00:08	02:00:42	414
89	738 Gustavo Antunes	05:19:22	00:12:47	03:11:42	01:48:13	417
90	45 Rui Santos	05:19:57	00:12:07	03:04:16	01:58:06	420
91	373 Luis Filipe De Oliveira Pereira	05:20:44	00:12:14	03:03:20	01:58:48	425
92	97 Justino Santos	05:21:13	00:09:39	03:09:44	01:56:45	426
93	419 João Pedro Fernando	05:23:29	00:11:23	03:05:41	01:58:54	435
94	573 Rui Trovão	05:23:43	00:11:54	03:06:18	01:58:39	436
95	611 Daniel Carlini Monteiro	05:24:09	00:08:51	03:04:31	02:05:15	438
96	364 Bruno Carneiro	05:25:54	00:14:44	03:09:11	01:54:59	447
97	729 Fabio Bucelli	05:26:38	00:12:41	03:02:15	02:01:58	449
98	537 Ricardo Soares Moreira	05:27:13	00:14:21	03:12:08	01:51:27	453
99	99 Luís Massapina	05:27:23	00:14:18	03:12:28	01:53:29	454
100	138 Carlos Quaresma	05:30:26	00:10:25	03:05:06	02:09:36	463
101	239 Jorge Santos Ferreira	05:31:59	00:10:50	03:11:34	02:03:20	466
102	159 Lucas Sanabio	05:32:41	00:12:16	03:03:14	02:08:44	468
103	10 Rodrigo Pais De Almeida	05:33:00	00:11:47	03:04:45	02:07:25	470



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO

104	411 Rui Miguel Gonçalves Nunes	05:33:25	00:13:06	03:17:07	01:56:30	473
105	17 João Pedro Seródio	05:37:14	00:12:40	03:10:37	02:01:01	480
106	606 Daniel Madeira	05:37:43	00:12:50	03:21:13	01:56:56	482
107	553 Bruno Araújo	05:42:15	00:12:22	03:15:34	02:07:33	498
108	635 José Rafael Lopes Silva Charrua	05:43:24	00:13:00	03:22:41	02:01:27	505
109	617 Pedro Miguel Rodrigues	05:47:02	00:17:58	03:11:23	02:10:10	510
110	671 João Ferreira	05:47:05	00:12:14	03:21:55	02:04:25	511
111	336 Bruno Fonseca	05:57:22	00:12:02	03:28:36	02:09:33	526
112	640 Pedro Filipe Ribeiro Rodrigues	06:00:02	00:12:19	03:16:05	02:22:51	530
113	648 Luís Miguel Caxias Melro	06:06:49	00:16:23	03:20:12	02:17:33	543
114	166 Luís Miguel Cardoso Borralho	06:17:50	00:15:22	03:36:29	02:15:16	553
115	713 Tiago Barcelos Vaz	06:23:20	00:13:18	03:54:38	02:07:41	560
116	244 Hugo André Jesus Azevedo	06:26:16	00:14:10	03:39:12	02:24:34	566
117	275 Gabriel Bonfim De Almeida	06:29:19	00:16:20	03:39:51	02:18:51	571
118	613 Ricardo Velhuco	06:31:20	00:13:45	03:12:23	02:59:24	574
119	602 David Voyce	06:58:35	00:12:34	03:48:09	02:46:25	589
120	514 Ricardo Figueira	07:05:32	00:12:39	03:56:34	02:44:38	590
121	82 Daniel Leão	07:58:20	00:14:05	04:16:01	03:16:49	592

40 - 44 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	378	Hanna De Sousa	04:24:29	00:11:00	02:40:58	01:29:13	77
2	4	Ana Filipa Pais Alves Santos	04:27:17	00:09:28	02:45:35	01:28:20	94
3	346	Catarina Pinto Carvalho	05:43:04	00:12:35	03:20:26	02:02:58	503
4	562	Carolina Pecegueiro	05:46:24	00:11:38	03:27:21	01:58:09	507
5	636	Vera Almeida	06:16:10	00:13:31	03:38:41	02:16:50	551
6	556	Ana Rita Cabaco	06:29:38	00:16:23	03:48:43	02:14:36	572
7	686	Patricia Watanabe	06:34:02	00:13:33	03:52:19	02:21:26	577
8	339	Maria Virginia Olivares Angel	06:44:08	00:09:39	03:53:24	02:32:38	581

45 - 49 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	9	Rui Narigueta	04:04:04	00:11:48	02:22:25	01:26:08	10
2	362	Luis Mira Nunes	04:05:42	00:10:08	02:29:03	01:22:42	12
3	254	Paulo Martins	04:09:00	00:10:04	02:31:38	01:21:58	20
4	760	Rui Miguel Martins Alves Pinheiro	04:14:37	00:11:48	02:37:31	01:20:34	33
5	260	Luis Diogo Silva Santos	04:15:00	00:09:00	02:37:02	01:24:53	34



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO

6	90 David Caldeirão	04:16:31	00:09:07	02:35:41	01:28:03	40
7	8 Lino Barruncho	04:17:21	00:10:24	02:36:26	01:26:13	45
8	95 Rafael Carralero Garcia	04:17:25	00:09:24	02:38:29	01:25:43	46
9	181 Rui António Silva Gomes	04:17:34	00:10:35	02:41:36	01:20:39	49
10	144 Nuno Martins	04:20:35	00:09:52	02:36:11	01:30:30	58
11	200 Rui Rodrigues Gonçalves	04:21:32	00:11:51	02:41:58	01:22:45	60
12	204 David Toro Orgaz	04:21:36	00:10:31	02:37:02	01:30:35	62
13	698 José Lima	04:22:12	00:10:01	02:41:23	01:25:58	65
14	14 Tiago De Paiva E Pona	04:23:03	00:08:48	02:45:20	01:25:21	71
15	241 Gonçalo Resina	04:23:55	00:11:09	02:38:59	01:29:05	75
16	194 Hugo Gaudencio	04:27:12	00:09:42	02:43:14	01:30:28	92
17	401 Nuno Carvalhinho	04:28:48	00:10:43	02:33:52	01:39:52	103
18	443 Luis Miguel Duarte Lourenco	04:29:08	00:09:18	02:40:01	01:35:04	105
19	203 Eduardo Coelho	04:29:12	00:10:44	02:45:18	01:26:35	106
20	37 Rui Pereira Da Silva	04:29:46	00:10:40	02:41:15	01:33:04	110
21	81 Andre Marques Costal	04:31:58	00:10:37	02:42:14	01:32:33	120
22	116 Vitor Manuel Romeiro Fialho Piçarra	04:32:32	00:10:55	02:47:55	01:28:42	123
23	296 Alexandre Nunes	04:32:47	00:13:01	02:43:22	01:31:28	127
24	47 Luis Alegrias	04:32:57	00:10:20	02:36:12	01:39:36	129
25	435 Samuel Alexandre Dias Eugénio	04:33:07	00:11:22	02:38:19	01:38:49	133
26	530 Pablo Miguel Carro Suárez	04:34:32	00:09:13	02:44:13	01:35:59	144
27	517 Santiago Garcia Gonzalez	04:35:39	00:10:44	02:56:12	01:22:40	148
28	712 Ivo Carvalho	04:36:30	00:09:29	02:48:29	01:33:47	152
29	286 Rui Pedro Sousa Nunes	04:36:57	00:11:49	02:40:37	01:39:44	157
30	25 Marco Sousa	04:37:08	00:09:42	02:48:50	01:34:49	159
31	141 Carlos Barroso Fernandes	04:37:48	00:09:20	02:50:47	01:34:19	162
32	442 Pedro Teixeira	04:39:28	00:12:39	02:47:54	01:33:27	173
33	19 Pedro Pinho Lopes	04:39:39	00:13:15	02:43:36	01:37:13	175
34	83 Duarte Cortes	04:39:54	00:12:17	02:50:02	01:30:41	177
35	196 André Cabral	04:40:11	00:10:33	02:52:26	01:31:26	180
36	510 Diogo Pina Pereira	04:40:44	00:10:32	02:45:50	01:40:19	184
37	21 Pedro Miguel B Pinto Leal Fernandes	04:40:48	00:09:42	02:44:02	01:42:21	186
38	620 Carlo Hugo Nunes Madeira Leal De Almeida	04:42:43	00:10:19	02:45:08	01:41:19	194
39	46 Miguel Serpa Tolda Garcia	04:43:08	00:10:38	02:46:59	01:40:11	201
40	13 Pedro Nunes	04:43:13	00:09:26	02:45:46	01:43:44	202
41	697 Nuno Miguel Pires De Sousa	04:44:42	00:10:24	02:51:37	01:37:00	209
42	120 João Manuel Da Silva Barran Assis Cabeleira	04:44:45	00:13:10	02:46:18	01:36:55	210



SETÚBAL TRIATHLON'22

AGE GROUPS

CLASSIFICAÇÃO



43	629 José Duarte	04:45:21	00:10:17	02:44:30	01:40:38	214
44	605 Eládio Manuel	04:46:42	00:12:35	02:52:11	01:35:29	221
45	80 Nuno Carlos Figueiredo Campos	04:48:42	00:13:06	02:56:15	01:31:17	230
46	319 Vasco Levita	04:49:21	00:10:48	02:52:11	01:40:14	234
47	266 Joao Fernandes Silva	04:49:38	00:12:56	02:45:42	01:44:42	236
48	531 Luis Oliveira	04:50:09	00:11:43	02:53:01	01:39:39	239
49	317 Jaime Bacharel	04:50:23	00:10:19	02:45:24	01:48:10	241
50	612 Diogo Ennes	04:50:35	00:11:35	02:57:56	01:32:23	244
51	567 Gonçalo Gameiro	04:52:40	00:10:11	02:53:06	01:43:37	254
52	308 Nuno Manuel Santos Silva Gameiro Sisudo	04:53:29	00:10:08	02:52:20	01:44:59	260
53	324 Hugo Filipe Tomás	04:53:33	00:13:42	02:55:42	01:37:04	261
54	78 André Saleiro	04:54:02	00:12:24	02:59:53	01:36:16	265
55	44 Luis Silva	04:54:09	00:13:33	02:49:43	01:44:32	267
56	543 Pedro Duarte	04:54:20	00:11:31	02:47:45	01:47:31	269
57	482 Luis Tomé	04:54:34	00:12:45	02:48:53	01:47:11	270
58	465 Paulo Manuel Rodrigues Ferreira	04:55:08	00:11:13	02:53:57	01:43:01	276
59	499 Luís António Conceição Faustino	04:55:43	00:11:22	03:07:29	01:30:32	279
60	73 Pedro Jorge Duarte Morais	04:56:02	00:11:54	02:52:28	01:45:33	281
61	316 Bruno Pissarra	04:56:03	00:10:55	02:57:39	01:41:46	282
62	360 Esmeraldino Jose Sa	04:56:13	00:12:47	02:53:01	01:44:11	284
63	238 Pedro Leiria	04:56:26	00:13:06	02:53:32	01:40:06	287
64	404 Ivo Magalhães	04:57:33	00:11:12	02:48:57	01:48:37	290
65	253 Nuno Costa	04:57:52	00:09:41	02:55:41	01:48:07	295
66	133 José António Varela	04:58:20	00:11:48	02:55:51	01:42:46	301
67	457 Andre Lima Cabrita	04:58:24	00:10:40	02:55:36	01:47:09	302
68	175 Luis Figueira	04:59:01	00:10:32	02:58:16	01:44:15	305
69	461 Rui Miguel Réis Duarte	05:00:46	00:08:35	02:57:11	01:48:10	317
70	222 João Romão	05:00:47	00:09:53	02:58:58	01:43:24	318
71	548 João Cruz	05:02:18	00:09:26	02:59:34	01:49:26	325
72	486 David Figueiredo	05:03:10	00:12:54	03:01:26	01:42:11	332
73	12 Jose Pedro Da Silva Canela	05:03:19	00:12:37	03:02:19	01:42:06	333
74	169 João António Da Silva Rosa	05:04:36	00:11:15	02:56:54	01:47:36	337
75	31 Luis Paulo Costa Cipriano	05:04:46	00:11:23	03:03:08	01:45:43	338
76	759 Bruno Dos Santos Pereira	05:05:03	00:11:38	03:00:07	01:45:51	340
77	18 Jose Luis Baceira Farinha	05:06:00	00:12:26	02:47:17	02:00:32	346
78	643 Nuno Sousa	05:06:41	00:15:20	03:00:32	01:43:27	351
79	306 Paulo Jorge Paixão	05:07:15	00:12:36	02:52:04	01:56:39	355



80	630 Mário Remigio	05:07:35	00:11:44	03:02:53	01:45:32	357
81	449 Jorge Pé- Curto	05:10:57	00:16:08	02:59:03	01:48:18	371
82	240 Pedro Queiroz	05:11:01	00:10:31	03:08:50	01:45:32	372
83	340 Patrick Ebrero Da Silva	05:11:55	00:11:34	02:51:45	02:01:49	378
84	208 José Machado	05:12:08	00:11:59	03:01:36	01:46:47	380
85	34 José Rosa	05:12:45	00:10:41	03:05:45	01:50:57	386
86	357 José Manuel Horta Nova Nunes	05:13:13	00:11:27	03:09:14	01:43:33	388
87	450 Manuel Silva	05:14:03	00:11:26	02:56:58	01:56:02	390
88	377 Nuno José	05:16:00	00:11:31	02:46:38	02:10:00	396
89	247 Pedro Pereira	05:16:06	00:16:02	03:05:12	01:44:45	397
90	250 João Pedro Norberto Antunes	05:16:25	00:11:43	02:59:41	01:58:35	400
91	302 Pedro Miguel Silva Rico	05:16:46	00:10:12	03:09:16	01:51:01	402
92	365 Hugo Henriques	05:16:53	00:11:30	03:13:31	01:44:34	403
93	585 Ricardo Joao Duarte Neves	05:17:37	00:12:23	03:10:19	01:47:46	404
94	146 Pedro Manuel Nava Martins	05:17:39	00:11:03	02:58:43	02:01:38	405
95	506 Pedro Ricardo Branco Barata Filipe	05:18:50	00:09:12	02:54:18	02:08:21	411
96	583 Eduardo Ribeiro Costa	05:18:58	00:08:37	02:56:03	02:07:07	413
97	463 Jose Alcidio Fernandes Meira Rodrigues	05:19:20	00:14:31	03:09:36	01:43:10	415
98	502 Brito Bruno	05:19:43	00:10:55	03:02:57	01:57:55	419
99	28 Eduardo Filipe Amaro Ferreira	05:20:11	00:13:07	03:02:05	01:59:08	421
100	727 Carlos Preciso	05:21:41	00:14:40	03:16:29	01:43:30	427
101	406 João Salvado De Melo	05:21:56	00:09:57	03:10:20	01:53:14	428
102	344 Nuno Miguel Mendes Malaquias	05:22:19	00:13:23	03:03:43	01:57:51	430
103	561 Sérgio Filipe Pereira Neves	05:22:21	00:15:42	03:15:21	01:44:33	431
104	594 Rui Ligeiro	05:24:06	00:12:20	03:07:40	01:58:19	437
105	35 Filipe Ramos	05:24:13	00:11:36	03:07:10	01:59:48	439
106	191 Ken Gielen	05:24:22	00:08:54	03:00:55	02:08:46	440
107	49 Alexandre Leal	05:24:37	00:14:23	03:14:25	01:46:14	442
108	539 Orlando Marques	05:26:51	00:14:36	03:13:45	01:46:49	451
109	529 Francisco Maldonado Mora	05:27:11	00:10:57	02:59:59	02:09:29	452
110	385 Luis Paixão	05:29:39	00:09:48	02:58:48	02:14:33	460
111	658 João Perneco	05:29:46	00:11:01	03:10:09	01:57:03	461
112	429 Sergio Francisco Amaro Farinho Baião	05:32:44	00:12:45	03:11:49	01:57:15	469
113	409 Pedro Miguel Bento Almeida	05:33:24	00:10:27	03:08:30	02:05:43	472
114	667 Victor Sá	05:34:29	00:13:27	03:11:39	02:00:42	475
115	624 Marco Garcia	05:35:16	00:14:37	03:02:08	02:08:20	476
116	325 Nuno Simoes	05:38:41	00:11:51	03:16:15	02:03:32	484



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO

117	284	Nuno José Fernandes Lopes	05:38:50	00:14:30	03:12:23	02:01:27	485
118	110	Vitor Manuel Pascoinho Fernandes	05:39:36	00:11:52	03:03:40	02:18:27	487
119	402	Vitor Miguel Capela Paulo	05:42:12	00:12:46	03:16:31	02:05:01	497
120	453	Helder Frenando Fernandes Correia	05:42:58	00:11:03	03:23:52	01:57:41	502
121	639	Tiago Avelãs	05:43:23	00:13:40	03:07:27	02:15:47	504
122	589	Mario Teofilo	05:44:48	00:10:09	03:24:32	02:01:30	506
123	554	João Cunha Rego	05:48:40	00:10:53	03:09:50	02:20:50	512
124	382	Nuno Luís Lourenço De Sousa	05:52:44	00:13:05	03:22:29	02:10:17	518
125	106	Ricardo Figueira Da Silva	06:01:16	00:11:37	03:04:13	02:37:02	536
126	226	Tiago Pratas	06:03:26	00:13:32	03:42:29	01:59:53	540
127	328	Nuno Clemente	06:09:24	00:15:38	03:34:21	02:07:51	545
128	735	Brendan Sheridan	06:13:00	00:12:47	03:44:32	02:02:44	548
129	434	Luis Miguel Mendes Rasteiro	06:18:14	00:14:41	03:32:02	02:22:16	555
130	155	Mário Fonseca	06:20:48	00:14:07	03:28:07	02:30:45	558
131	161	Miguel Filipe Ferreira Rocha	06:24:45	00:12:44	03:37:47	02:25:51	562
132	256	Nuno Miguel Roque Teixeira Marques	06:30:20	00:12:04	03:40:51	02:27:56	573
133	519	António Silva	06:38:16	00:16:38	04:04:35	02:05:18	580

45 - 49 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	644	Simone Siebra	05:11:24	00:12:22	03:08:50	01:44:09	374
2	162	Amelia Drumm	05:18:11	00:13:02	03:18:19	01:41:33	409
3	201	Madalena Nogueira Vaz Do Valle Teixeira Madeira De Andrade	05:41:14	00:12:37	03:21:05	02:02:03	493
4	516	Ana Maria Pinto Gomes	05:42:26	00:15:02	03:35:19	01:45:19	499
5	231	Sara Colaço	05:54:36	00:11:35	03:33:51	02:01:38	521
6	294	Ana Isabel Duarte	06:07:38	00:13:16	03:34:16	02:13:05	544

50 - 54 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	750	Samuel Aguiar	04:23:47	00:11:12	02:34:30	01:32:14	74
2	43	José Rui De Moraes Galvão	04:24:05	00:09:52	02:37:44	01:31:45	76
3	739	José Henrique Lopes Peixoto	04:25:41	00:11:40	02:41:28	01:23:58	86
4	397	Jose Javier Gomez Iglesias	04:30:55	00:11:49	02:42:26	01:31:14	114
5	679	José Carlos Abrantes	04:31:31	00:10:43	02:46:54	01:29:21	117
6	754	Stijn Vanacker	04:31:48	00:13:26	02:36:20	01:35:18	118
7	390	Miguel Carballo	04:34:10	00:10:13	02:44:56	01:34:14	140
8	227	Jorge Carvalho	04:34:13	00:11:47	02:41:26	01:36:54	141



SETÚBAL TRIATHLON'22

AGE GROUPS

CLASSIFICAÇÃO



9	39 Carlos Gomes Ferreira	04:37:44	00:10:52	02:43:22	01:38:48	161
10	53 Sérgio Manuel Pecurto Batalha	04:38:08	00:10:44	02:47:15	01:35:30	164
11	451 Luis Filipe Pimentel Carvalho	04:38:26	00:10:54	02:40:13	01:40:41	167
12	628 Carlos Alexandre De Matos Maia	04:38:33	00:11:05	02:40:06	01:41:32	168
13	359 Tony Serôdio	04:40:02	00:11:02	02:48:22	01:36:35	179
14	32 Luis Miguel Andrade Miranda	04:40:47	00:12:03	02:42:15	01:42:11	185
15	541 Pedro Mestre	04:42:28	00:10:33	02:50:48	01:33:56	193
16	29 Gil Contreiras Braz De Oliveira	04:42:48	00:10:43	02:47:34	01:37:42	195
17	379 Mauro Azevedo	04:43:04	00:11:50	02:55:24	01:29:13	199
18	466 Nuno Miguel Nobre Lopes	04:43:04	00:12:58	02:46:08	01:38:15	200
19	407 Paulo Costa	04:44:12	00:10:53	02:50:20	01:37:41	207
20	503 Pedro Mendes Jorge	04:49:31	00:10:07	02:51:00	01:42:07	235
21	753 Marco Cesar Gomes Bernardo Matos Cruz	04:50:26	00:11:38	02:42:01	01:51:52	243
22	761 Miguel Gomes	04:50:37	00:10:48	02:55:01	01:38:10	245
23	507 Paulo Jorge Correia Lamego	04:51:54	00:10:21	02:52:50	01:43:35	248
24	448 Ricardo Alexandre Santos Pereira	04:52:17	00:12:14	02:55:20	01:39:12	251
25	575 Paulo Esteves Pereira	04:53:28	00:09:23	03:00:12	01:39:16	259
26	578 Paulo Teles	04:53:50	00:11:04	02:53:35	01:40:55	262
27	655 Roberto Fernández Alonso	04:54:41	00:12:12	02:55:52	01:39:40	272
28	511 Luís Leão	04:55:00	00:10:32	02:53:15	01:44:04	274
29	298 Luís Marques	04:57:21	00:12:21	02:54:10	01:43:51	289
30	471 João Carlos Pardal Gonçalves Marques	04:58:06	00:12:55	02:52:31	01:45:53	299
31	473 Rui Sousa	04:59:30	00:10:56	03:03:42	01:39:40	310
32	36 Renato Gonçalves Araújo	05:04:06	00:11:49	03:01:08	01:45:54	335
33	326 Pedro Manuel Pires Lourenço	05:06:33	00:13:36	02:57:29	01:49:35	350
34	572 Adolfo Vagos	05:07:02	00:13:24	03:03:32	01:44:02	354
35	710 Joao Miguel Couto Faria	05:07:34	00:09:47	02:39:13	02:14:01	356
36	108 Nuno Júlio	05:10:23	00:10:55	03:05:12	01:46:05	369
37	268 Miguel Salvador	05:11:38	00:11:58	03:08:51	01:43:43	375
38	386 Pedro Alvarez	05:12:39	00:12:20	03:05:54	01:47:30	384
39	445 Raul Azevedo	05:13:03	00:11:05	03:02:20	01:51:39	387
40	522 Carlos Abrunhosa	05:15:53	00:11:53	03:07:29	01:49:15	395
41	279 Pedro Cruzinha	05:17:43	00:11:07	03:11:17	01:47:59	406
42	257 Jose Luis Fernandez Rodriguez	05:17:59	00:10:41	03:11:00	01:50:51	408
43	717 Rui Jorge Américo Batista De Sá	05:18:25	00:13:07	03:03:32	01:54:24	410
44	600 Paulo Menezes	05:20:23	00:12:33	03:10:34	01:46:17	424
45	212 Luís Carlos Domingues Almeida	05:23:09	00:13:28	03:10:33	01:49:49	433



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO

46	163 Jorge Dinis	05:24:33	00:10:38	03:19:03	01:49:08	441
47	290 Fernando Ferreira	05:24:52	00:13:14	03:14:07	01:49:31	443
48	223 Miguel Santos Costa	05:28:07	00:13:12	03:12:55	01:51:50	456
49	65 Jorge Leite	05:28:47	00:14:04	03:17:15	01:45:33	457
50	661 Pedro Queiroga	05:31:45	00:12:33	03:16:23	01:53:00	465
51	321 Rui Manuel Anacleto Magalhaes	05:35:16	00:11:10	03:26:00	01:51:54	477
52	719 Luis Miguel Lopes Ferreira De Pinho	05:35:48	00:15:11	03:12:37	01:58:44	478
53	86 João Campos	05:39:53	00:14:03	03:26:47	01:52:38	489
54	156 Paulo Moutinho	05:40:02	00:09:33	03:18:22	02:00:26	490
55	291 Miguel Jorge Fernandes De Araújo Vieira	05:41:39	00:11:27	03:18:50	02:01:52	495
56	168 José Gonçalves	05:41:45	00:13:14	03:18:17	02:02:16	496
57	88 Maurício Costa	05:46:30	00:11:31	03:24:36	02:03:43	508
58	762 David Almeida	05:51:19	00:14:46	03:28:00	01:47:53	516
59	369 Pedro Calvario	05:55:06	00:12:49	03:35:09	01:55:11	522
60	252 Rui Manuel Duarte Melo Silva	05:58:16	00:14:12	03:15:10	02:18:42	527
61	725 Pedro Capelinha	06:00:19	00:11:32	03:06:44	02:34:40	534
62	475 Paulo Jorge Ribeiro Nogueira	06:02:01	00:15:49	03:13:33	02:24:01	537
63	587 Jose Antonio Escaño Montañez	06:02:42	00:13:27	03:34:53	02:05:16	538
64	693 Jorge Miguel P F Ferreira	06:03:16	00:18:54	03:36:27	01:58:34	539
65	48 Miguel António Reis Cruz	06:12:31	00:14:55	03:36:06	02:10:30	547
66	70 Luís Miguel Duarte Carvalho	06:15:57	00:12:56	03:36:56	02:16:07	550
67	327 Rui Catarrinha	06:17:05	00:11:06	03:36:36	02:18:02	552
68	598 Jose Luis Almeida	06:18:01	00:12:50	03:39:12	02:19:53	554
69	458 Marco Antonio González Carretero	06:21:28	00:14:37	03:45:17	02:10:32	559
70	269 Jose Manta	06:23:53	00:13:18	03:27:05	02:35:19	561
71	104 Carlos Martins	06:27:21	00:13:46	03:55:46	02:09:45	567
72	79 Nuno Amaral Assunção Santos Rosa	06:28:41	00:11:56	03:18:36	02:47:18	569
73	160 Pedro Quadrio	06:29:06	00:12:02	03:37:47	02:28:02	570
74	582 Carlos Manuel Simao	06:47:24	00:11:08	03:44:32	02:41:41	583
75	214 Joaquim António Balancho Rosado	06:54:24	00:14:04	03:56:40	02:38:14	588

50 - 54 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	229	Filomena Gomes	05:05:41	00:11:47	02:57:54	01:47:05	344
2	72	Fernanda Marques Santinha	05:23:19	00:11:19	03:21:29	01:44:12	434
3	391	Sue Dawson	05:39:11	00:12:31	03:19:41	01:59:28	486
4	737	Rosa Rodrigues	05:55:10	00:17:28	03:27:00	02:02:36	524



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



55 - 59 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	20	Fernando Carmo	04:21:33	00:11:40	02:33:57	01:31:41	61
2	595	Carlos Manuel Santos Silva	04:25:05	00:13:36	02:39:14	01:26:39	81
3	142	Joao Santos	04:36:51	00:10:15	02:40:04	01:41:50	156
4	484	Rui Amorim	04:40:29	00:10:50	02:48:19	01:34:14	182
5	405	Gabriel Alves	04:46:12	00:12:51	02:47:42	01:39:06	217
6	30	João Miguel Nunes	04:46:23	00:11:06	02:48:43	01:42:41	219
7	167	Aristides Bordalo	04:47:42	00:12:27	02:50:12	01:40:08	224
8	687	Paulo Jorge Cabrita E Silva	04:49:11	00:11:00	02:50:12	01:43:04	233
9	478	Francisco Sanches-Osório	04:50:24	00:11:28	02:50:50	01:41:02	242
10	55	Paulo Renato Santos	04:56:06	00:10:55	02:54:33	01:45:08	283
11	11	Miguel Teixeira Duarte	04:57:47	00:10:16	02:54:41	01:46:04	294
12	134	A. Fernandes	04:59:04	00:11:23	02:52:22	01:48:46	307
13	100	Miguel Barnabé	05:06:21	00:12:37	02:59:12	01:49:13	348
14	183	Paulo Vasconcelos	05:08:04	00:13:35	02:59:27	01:48:29	359
15	182	Neville Suzman	05:20:14	00:12:06	03:01:01	01:59:12	422
16	521	Rafael Abrunhosa	05:25:31	00:13:44	03:16:25	01:48:17	445
17	237	Rui Manuel Castro Velez	05:29:22	00:11:20	03:07:15	02:04:14	459
18	63	José Anibal Martins Correia	05:29:52	00:12:24	03:12:18	01:56:25	462
19	190	Juan Jesús Chacón Cortés	05:33:07	00:12:24	03:08:51	01:59:57	471
20	270	Pedro Ventura	05:37:56	00:11:18	03:24:19	01:54:53	483
21	67	Rui Martins	05:49:28	00:13:46	03:20:09	02:07:34	513
22	38	Paulo Renato Correia De Almeida Marques	05:51:15	00:12:52	03:13:37	02:15:59	515
23	114	Luis Miguel Duque Santos	05:53:52	00:13:39	03:16:53	02:17:06	520
24	705	Julio García Sánchez	05:55:09	00:12:11	03:10:34	02:25:47	523
25	318	Eduardo Carpinteiro	06:25:03	00:15:20	03:33:07	02:25:46	564
26	416	Nuno Albuquerque	06:28:14	00:11:49	03:48:33	02:20:56	568
27	601	Francisco Van Zeller De Moser	06:46:48	00:14:42	04:06:06	02:15:49	582

55 - 59 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	555	Madalena Caninas	06:36:59	00:12:51	04:04:41	02:09:48	579
2	758	Isabel Araújo	07:40:08	00:22:16	04:26:47	02:39:16	591



SETÚBAL TRIATHLON'22

AGE GROUPS CLASSIFICAÇÃO



60 - 64 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	732	Carlos Gomes	04:30:47	00:11:26	02:40:07	01:34:13	113
2	111	Miguel Gaivao	05:22:16	00:10:30	03:04:20	02:02:58	429
3	342	Carlos Dias	05:32:11	00:10:27	03:00:36	02:13:28	467
4	420	João Lourenço	05:37:09	00:13:16	03:21:19	01:54:02	479
5	586	Martin Victory	05:42:45	00:11:41	03:10:33	02:12:33	501
6	332	Miguel Da Fonseca San-Payo	05:52:21	00:12:09	03:34:42	01:56:11	517
7	579	António Marques	06:00:34	00:11:07	03:32:08	02:08:54	535
8	58	Rui Pedras	06:31:47	00:14:50	03:52:05	02:13:13	575
9	197	Jose Manuel Guerra Dominguez	06:47:30	00:14:14	03:55:41	02:28:04	584

65 - 69 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	742	Fernando Feijão	04:57:42	00:11:49	03:05:52	01:35:29	292
2	297	Manuel Pires	05:34:09	00:14:12	03:17:48	01:53:00	474
3	27	Francisco Salgado	06:05:15	00:12:19	03:20:38	02:24:41	541